



Lincoln Christian School 2nd Annual Mile Season Opener

PURPOSE: Lincoln Christian School would like to invite you to the second annual Mile Season Opener on our 200+ acre campus. The course, as our practice site, has produced 8 state championship teams, 3 individual state champions, 3 individual state runner ups and 14 all state runners since our team's inception in 2009. The goal of the meet is to kick off the season with fast times and strong team competition. The course is fast and mostly flat, with a slight downhill start and finish. <https://lcssports.com/facilities/cross-country-course/9>

DATE: Saturday, August 19th, 2023

LOCATION: Lincoln Christian School. 1003 N 129th E Ave, Tulsa, OK 74116

ONLINE ENTRIES: REGISTRATION DEADLINE is Friday, August 18th, 12:00 PM – NO EXCEPTIONS.

ON-LINE ENTRIES: Coaches must submit all entries on the ENDURO USA™ website: www.endurousa.com. - - - **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** - - - **ONLINE ENTRIES DEADLINE:** the day before the meet @ noon. Complete ALL of the steps on the "Entries Window". Make sure to "VERIFY". **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your ENDURO USA™ account, please email your questions to: cara@runenduro.com.

SCHEDULE: Rolling schedule - times are estimates

8:30 AM	Coaches Meeting
8:45 AM	Elementary and family (FREE)
9:05 AM	JH Boys
9:20 AM	JH Girls
9:40 AM	Varsity Boys (7 Runners)
9:55 AM	Varsity Girls (7 Runners)
10:10 AM	JV Boys
10:30 AM	JV Girls

AWARDS: Trophies will be given to the winning team varsity boys, varsity girls, junior high boys and junior high girls. Medals will be given to the top 15 in varsity divisions and top 10 in JV/JH.



ENTRY FEES:

- Elementary Free
- \$50 Per JH Division (JH Girls, JH Boys)
- \$90 Per HS Division (JV free if varsity entered)
- \$250 For all divisions

TEAM CAMP AREA: Teams will be designated to the area on the north side of the road that goes through campus.

CONTACT INFO FOR ATTENDING: If you plan to attend, please contact Stephen Lewelling slewell@lincolnchristianschool.com 405-326-7289 prior to the meet to confirm entry and number of teams attending (JH/ JV/ Varsity). Mail payments to Lincoln Christian School 1003 N. 129th E. Ave Tulsa, OK 74116



LINCOLN CHRISTIAN SCHOOL MILE SEASON OPENER COURSE RECORDS

HIGH SCHOOL and JUNIOR HIGH BOYS

	NAME	SCHOOL	TIME	GRADE	YEAR
1	Andrew Smithwick	Lincoln	4:31.64	12	2022
2	Jaxson Brooks	Lincoln	4:44.52	12	2022
3	Evan Heiden	Rejoice	4:50.04	12	2022
4	Tyler McDoulette	Jenks	4:52.52	12	2022
5	Seth Taylor	Union	4:55.26	11	2022
6	Izsik Meza	Sapulpa	4:56.63	11	2022
7	Camden Knutson	Union	4:58.26	11	2022
8	Seth Meyer	Jenks	5:00.17	12	2022
9	Max Hartgrave	Union	5:01.28	11	2022
10	Eduardo Pereyra	Jenks	5:07.7	11	2022
11	Santiago Pereyra	Jenks	5:08.05	9	2022
12	Jace Williams	Jenks	5:08.43	11	2022
13	Garrett Barney	Rejoice	5:08.84	10	2022
14	Jackson Strode	Lincoln	5:11.2	11	2022
15	Joshua Gillion	Lincoln	5:12.81	12	2022
16	Ethan Harkness	Prague	5:13.75	11	2022
17	Lukas Bury	Lincoln	5:14.24	11	2022
18	Peter Maud	Jenks	5:14.95	11	2022
19	Kyle Haught	Sapulpa	5:15.31	10	2022
20	Brian Slone	Sapulpa	5:15.62	11	2022

HIGH SCHOOL and JUNIOR HIGH GIRLS

	NAME	SCHOOL	TIME	GRADE	YEAR
1	Kate Barber	Jenks	5:38.48	9	2022
2	Ava Cornelius	Union	5:49.08	9	2022
3	Tennyson Housley	Lincoln	5:50.57	8	2022
4	Julia Trost	Noah	5:53.99	9	2022
5	Isabella Welborn	Jenks	5:54.45	12	2022
6	Ryann Barber	Jenks	5:55.35	12	2022
7	Charlie Keely	Jenks	5:55.72	9	2022
8	Makenna Smith	Jenks	5:55.99	10	2022
9	Hailey Johnson	Prague	6:01.87	8	2022
10	Baylee Woodrich	Lincoln	6:03.36	10	2022
11	Brynlee Durborow	Lincoln	6:03.75	9	2022
12	Nicollette Trost	Noah	6:04.04	12	2022
13	Sophia Marti	Noah	6:04.76	8	2022
14	Pressley Rutledge	Union	6:08.55	9	2022
15	Kara Brown	Lincoln	6:08.93	8	2022
16	Breanna Allen	Lincoln	6:10.78	11	2022
17	Taylor Fowler	Regent	6:10.98	8	2022
18	Jackie Medrano	Union	6:13.33	10	2022
19	Leah Kesner	Noah	6:13.88	8	2022
20	Victoria Cunningham	Regent	6:16.67	6	2022