

Marlow Outlaw Cross Country Invitational

Date: August 29th, 2023

Place: Red Bud Park From highway 81: go east on main street, over railroad tracks two blocks on left
From I35: Take highway 29 to Marlow, before railroad tracks on the right

Race Schedule:

4:15	Coaches Meeting			
4:15	Young Gunners	(Marlow Kids Only)		
4:30	6 th -7 th Grade Girls (1600 meters)	Top 25 Medals		
4:45	6 th -7 th Grade Boys (1600 meters)	Top 25 Medals		
5:00	8 th -9 th Grade Girls (1600 meters)	Top 25 Medals		
5:15	8 th -9 th Grade Boys (1600 meters)	Top 25 Medals		
5:30	JV Girls 9 th -12 th	(1600 meters)	Top 15 Medals	(Unlimited runners)
5:45	Varsity Girls 9 th -12 th	(1600 meters)	Top 25 Medals	(Limited to 9 runners)
6:00	JV Boys 9 th -12 th	(3200 meters)	Top 15 Medals	(Unlimited runners)
6:15	Varsity Boys 9 th -12 th	(3200 meters)	Top 25 Medals	(Limited to 9 runners)

*every 15 minutes we will begin next race

Awards:

Medals awarded: Top 25 Varsity
Top 25 JV
Top 25 in JH Divisions

Entry Fees:	HS Boys 9-12	\$60 (5 or more total HS Boys)
	HS Girls 9-12	\$60 (5 or more total HS Girls)
	MS/JH Boys	\$60 (5 or more total MS Boys)
	MS/JH Girls	\$60 (5 or more total MS Girls)
	Individuals	\$15 (4 or less total runners)

Please enter all runners on **Enduro** Go to ohstrack.com and click on the enduro link.

INVOICE / ENTRY FORM:

SCHOOL: _____

COACH: _____

Contact #: _____ Email: _____

Expected Entries please circle: Varsity Boys Varsity Girls JV Boys JV Girls
6-7 Boys 6-7 Girls 8-9 Boys 8-9 Girls

Please Email or Text Entries to: Mikey Eaves 580-504-3538
meaves@marlow.k12.ok.us

*Please be prepared to bring your own personal water bottles for conclusion of each race. We will attempt to provide water needed as safe as possible.