

Entry Fees:

- -Varsity Girls Team \$100
- -Varsity Boys Team \$100
- -Schools with at least 5 runners must enter a varsity team.
- -JV Girls Team is free and unlimited w/ paid varsity
- -JV Boys Team is free and unlimited w/ paid varsity
- -\$75 for each Middle School Team; \$275 if bringing runners for all 4 MS Divisions.
- -\$10 for individuals (up to four)

Registration and timing:

ONLINE ENTRIES- Coaches must submit all entries on the Enduro USA™ website www.endurousa.com. - NO ADDITIONAL ENTRIES AFTER THE DEADLINE - ONLINE ENTRIES DEADLINE: Sep 28, 2023 at noon. Complete ALL the steps on the "Entries Window". Make sure to "VERIFY". TEAMS WILL NOT BE ADDED AT THE MEET. If you need help with your ENDURO USA™ account, please email your questions to ihughes@elginps.net. MEET TIMING AND RESULTS - RFID Chip Timing is provided by 12:1 Running Time Services. Live results are available at www.twelve1running.com.

Course: Veterans Park - Our course meanders throughout the park and is spectator-friendly. Veterans Pkwy Newcastle, OK 73065

Parking: Parking is free. Bus parking is just off of 10th Street in the South Parking Lot. We will have guides to direct you.

Concessions: We will have Food Trucks available.

Restrooms: Restrooms are located near the SplashPad and Porta Potties will be available.

Schedule:

8:00 CoachesMeeting

8:15 Varsity Girls 5K

8:45 Varsity Boys 5K

9:15 JV Girls 5K

9:45 JV Boys 5K

10:20 7th Grade Girls 1.5 miles

10:40 8th Grade Girls 1.5 miles

11:00 7th Grade Boys 2 miles

11:20 8th Grade Boys 2 miles

11:40 Elementary Fun Run 1 mile- email for entry \$10 individual

Make checks payable to:

Newcastle Cross Country Newcastle Public Schools 101 North Main Street Newcastle, OK 73065

Awards:

1st and 2nd place plaque for HS division 1st place plaque only for each MS division Top 20 finishers in each division will medal

For more information, please contact Coach Jerald Lewis at jlewis@newcastle.k12.ok.us 405-664-9045 or Assistant Coach Brooke Heskew at bheskew@newcastle.k12.ok.us 405-795-1534.

We look forward to seeing you in September!