

DEPARTMENT OF ATHLETICS



Date: Friday September ~~23~~²²rd, 2022

Location: YMCA 106 W. 13th Okmulgee, OK 74447

Dressing: Facilities along with restrooms will be available.

Time Schedule: 1:30pm Coaches Meeting

2:00pm Varsity Girls--1 Mile-15 Medals
 Varsity Boys--2 Miles-15 Medals
 JV Girls--1 Mile-15 Medals
 JV Boys-2 Miles-15 Medals
 JH Girls--1 Mile-15 Medals
 JH Boys--1 Mile-15 Medals

Races will begin immediately after the previous race FINISHES!! NO TEAM TROPHIES WILL BE GIVEN. NO SCORING WILL BE KEPT.

Entry Fees: Make checks payable to:
Okmulgee Cross Country
415 W 3rd St
Okmulgee, OK 74447

\$60.00 per team or \$100 if both boys and girls teams compete.

JV teams are free if the varsity teams compete

\$15.00 per individual

\$40.00 for JH Teams

You should check in at the scorer's table immediately upon arrival to get you team race tags.

The course is flat with one hill and a bridge to cross.

Please arrive at the meet early and have you runners on the starting line early.

Okmulgee High School
Dwight Pankey, Cross Country Coach
918.758.2075-School
918.521.2329-Cell