



SULPHUR CROSS COUNTRY MEET

Meet Date: SEPTEMBER 19TH, 2023

Location: BEHIND CROSSWAY BAPTIST CHURCH (BEHIND PIZZA HUT AND CARLS JUNIOR)

MAP INCLUDED ON ENDUROUSA

Time: COACHES MEETING 9:00PM

Start times are approximant

10:00	HIGH SCHOOL BOYS	-5K	
10:30	HIGH SCHOOL GIRLS	-2 mile	
11:00	MIDDLE SCHOOL BOYS	-2 mile	
11:20	MIDDLE SCHOOL GIRLS	-1.5 mile	
5:00	6 TH AND 5 TH GIRLS	-1 mile	
5:15	6 TH AND 5 TH BOYS	-1 mile	
5:30	4 TH AND 3 RD GIRLS	-1 mile	
5:45	4 TH AND 3 RD BOYS	-1 mile	
6:00	2 ND AND 1 ST GIRLS	-1 mile	
6:15	2 ND AND 1 ST BOYS	-1 mile	
6:30	KINDERGARTEN AND BELOW GIRLS	1/2 mile	
6:45	KINDERGARTEN AND BELOW BOYS	1/2 mile	

Course: BEHIND THE CROSSWAY BAPTIST CHURCH

Entry Fees: H.S.-- \$75.00 per team, \$15.00 per individual.

M.S. -- \$75.00 per team, \$15.00 per individual.

Elementary - \$5.00 per runner

MAKE CHECKS TO SULPHUR TRACK

Scoring: We will score the top five (5) runners in each division, 6th place will serve as a tie breaker. Others may run, but will not count in scoring.

Awards: Individual awards will go to the top 25, in each race.

Results: Results (team & individual) will be distributed on site.

Restrooms: Restrooms are available at the Start/Finish area.

Mail Check to: c/o Terry Neal, Sulphur High School, 1021 W 9th Sulphur, OK 73086

Meet Director: Terry Neal 580-618-0029

e-mail— terry.neal@sulphurk12.org



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ELEMENTARY DIVISIONS

If you are interested in running in the meet, fill out the information below with parent's signature and bring form to the meet.

NO PACING WILL BE ALLOWED

ELEMENTARY ONLY

Name _____

School _____ Grade _____

My child has my permission to run in the Sulphur Cross Country Meet on Saturday, September 19th, 2022

Parents Signature _____ Date _____

For more information or questions contact:

Terry Neal 580-618-0029