

# Sweetwater

Cross Country Invitational  
Saturday, September 9, 2023

We would like to extend an invitation to the Sweetwater Cross Country meet 2023. The meet will be run on Saturday, September 9, 2023. The course is located at the Sweetwater Athletic Complex, ½ mile west of the School on E. 1110 road. We will be charging \$5 per car to attend the meet.

The following divisions are going to be run with the coaches meeting at 8:30.

High School Boys	5K	9:00
High School Girls	3200	9:30
7/8 Boys	3200	9:55
7/8 Girls	3200	10:20
Elem Boys	1600	10:45
Elem Girls	1600	11:10

**Run times are approximate and will start at the conclusion of the preceding race.**

**Entries:** \$80 per team / \$15 per individual up to 4 runners  
Please make checks out to Sweetwater Schools.

**Awards:** Top 15 in the HS/JH receive medals, the top 7 in the elementary will receive medals.

We are limiting the field this year to only 15 teams. The list of runners needs to be emailed by September 7, 2023, so we can have the name tags ready when you arrive. Please include contact information in case of inclement weather.

Contact information: Doug Daffern, School 580-534-2272, Cell 806.268.1370, email [ddaffern@sweetwater.k12.ok.us](mailto:ddaffern@sweetwater.k12.ok.us)