

Come Run with the Hornets

Booker T. Washington

Cross-Country Invitational

- **DATE** Thursday, September 21, 2023
- **TIME** 3:30 p.m.-5:30 p.m.

- **LOCATION** O'Brien Park
6149 North Lewis Ave.
Tulsa, Ok.

- **SCHEDULE**
 - 3:15 COACHES MEETING**
 - 3:30 VARSITY GIRLS**
 - 4:00 VARSITY BOYS**
 - 4:30 JV GIRLS**
 - 5:00 JV BOYS**
 - 5:30 MIDDLE SCHOOL GIRLS**
 - 6:00 MIDDLE SCHOOL BOYS**

**Next race will start immediately following previous race.*

- **DISTANCE**

Varsity Girls	5000 Meters
Varsity Boys	5000 Meters
JV Girls	5000 Meters
JV Boys	5000 Meters
Middle School Girls	3200 Meters
Middle School Boys	3200 Meters

- **AWARDS**

Varsity Medals	Top 15	Boys & Girls
JV Medals	Top 15	Boys & Girls
Middle School	Top 10	Boys & Girls
Team Plaques	1 st , 2 nd	Varsity Division

- **ENTRY FEES** Varsity Division 7 Team Members-Top 5 Score
JV Division Unlimited Entry-No Team Score
\$100.00 per team \$200 Both Teams (Girls & Boys)

MS Division \$80.00 per team

Individual runners \$15.00

**Please make checks payable to BTW Cross Country*

All Entries should be done through Enduro at www.endurousa.com

- **MAIL TO** Greg Nash Cross-Country Coach
Booker T. Washington High School
1514 E. Zion St.
Tulsa, Ok. 74106
- **ELIGIBILITY** All OSSAA GUIDELINE rules apply.
- **QUESTIONS** Greg Nash, BTW Head Coach
School-918.925.1068
Cell-918.638.1525
- **DEADLINE** September 21, 2022

Entry Form

PLEASE COMPLETE AND RETURN WITH PAYMENT.

SCHOOL:

COACH NAME: _____ **PHONE:**

DIVISIONS: *Please Circle*

Varsity Girls	JV Girls	MS Girls
Varsity Boys	JV Boys	MS Boys