

**Velma-Alma**  
**Cross Country Invitational**  
*(This meet is for Class 4A and smaller.)*

**Date:** Tuesday, September 26, 2023

**Time:** 4:30 pm

**Location:** Wildhorse Golf Course in Velma

**ON-LINE ENTRIES:** Coaches must submit all entries on the ENDURO USA website:[www.endurousa.com](http://www.endurousa.com) —**NO ADDITIONAL ENTRIES AFTER THE DEADLINE—**  
**ONLINE ENTRIES DEADLINE: the day before the meet @ 5:00pm**

Complete ALL of the steps on the “ Entries Window”, make sure to “VERIFY”. Teams will NOT be added at the meet. If you need help with your Enduro USA account, please email your questions to [jhughes@elginps.net](mailto:jhughes@elginps.net).

**Divisions-** Varsity Girls and Boys, JV Girls and Boys  
Junior High girls and Boys, 6th grade and under

**Cost-** \$70 per team (\$280 for all 4) \$15 per individual  
JV is free IF varsity competes, 6th grade is free if Junior High competes

**Medals & Awards:** Top 25 in HS and JH races  
Top 5 in JV races  
Top 30 in 6th grade and under race

**Race Schedule:**

4:45-JH Girls-	1.6 miles
5:05-JH Boys-	2 miles
5:30-Varsity & JV Girls-	2 miles
5:50-Varsity and JV Boys-	3.1 miles
6:25- 6th grade & under-	1 mile

Race Times are approximate and the next race starts when the preceding race ends.

**Mail Checks to:** Velma-Alma High School  
Attn: Kenny Bare  
P.O. Box 8  
Velma, OK 73491

If you have any questions you can contact Dana Lohrer @ 580-656-5834 or Jerry Loveall @ 580-656-4869.