

WISTER CROSS COUNTRY MEET

Date: September 25th, 2023

Location: Wister Lake State Park

Victor's Landing Campground

Time Schedule: 4:00 Coaches Meeting

4:15 JH Girls 1.5 mile

4:45 JH Boys 1.5 Mile

5:15 HS Girls 2 Mile

5:45 HS Boys 5K

Medals will be given to the top 20 participants in each division.

Entry Fee: JH & HS Teams-\$80 per team (5 +) & \$15 per individual

ALL entries must be submitted through [Endurousa.com](https://www.endurousa.com). Please do so by Friday, September 22nd.

Contact: Natalie Ford

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Cross Country Coach

Principal

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