

**HENRYETTA**  
**Cross Country Regional**  
**Class 3A, 4A & A**  
**Saturday, October 26, 2024**

**Location: Nichols Park, Henryetta (just south of Golf Course;  
signs will be posted at Nichols Park entrance)**

**Schedule of Events:**

<b>8:30</b>	<b>am</b>	<b>3A Coaches</b>
<b>Meeting</b>		
<b>9:00</b>	<b>am</b>	<b>Class 3A Girls</b>
<b>9:45</b>	<b>am</b>	<b>Class 3A Boys</b>
		<b>3A Awards Presentation</b>
<b>10:15</b>	<b>am</b>	<b>4A Coaches Meeting</b>
<b>10:45</b>	<b>am</b>	<b>Class 4A Girls</b>
<b>11:30</b>	<b>am</b>	<b>Class 4A Boys</b>
		<b>4A Awards Presentation</b>
<b>12:00</b>	<b>pm</b>	<b>A Coaches Meeting</b>
<b>12:30</b>	<b>pm</b>	<b>Class A Girls</b>
<b>1:15</b>	<b>pm</b>	<b>Class A Boys</b>
		<b>A Awards Presentation</b>

**Any questions, contact Tim Gillispie, 918-906-7783 or at  
tgillispie@henryetta.k12.ok.us**

- 1) Go to [www.ok.milesplit.com](http://www.ok.milesplit.com) (Complete all steps.) Only enter your top 7 runners for class 3A & 4A; 6 runners for class A. Deadline for entry is Wednesday, October 23<sup>rd</sup> at 11:59 pm. If you have any questions regarding your milesplit account, please contact [ok.milesplit.com](http://ok.milesplit.com).
- 2) Please help keep spectators off the course—especially the final stretch. Ask your supporters not to run alongside your runners. This could interfere with the race and cause you a disqualification.
- 3) Make sure your athletes abide by all OSSAA rules and regulations.
- 4) The OSSAA has asked that you settle any discrepancies before results are sent to them. Therefore, this will need to be settled before you leave the meet.

Any questions, contact Tim Gillispie, 918-906-7783 or at [tgillispie@henryetta.k12.ok.us](mailto:tgillispie@henryetta.k12.ok.us)

**PLEASE REMIND SPECTATORS THAT THEY CAN PURCHASE TICKETS ONLINE FOR \$7.00 PLUS ONLINE FEE. THE LINK CAN BE FOUND ON THE OSSAA.COM WEBSITE. TICKETS MAY ALSO BE PURCHASED AT THE GATE FOR \$10.00.**