

## HASKELL CROSS COUNTRY MEET



# SEPTEMBER 26 FAST FEET MEET

HASKELL HIGH  
SCHOOL

900 N OHIO  
HASKELL, OK  
74436

4A SCHOOLS AND BELOW OR 5A JV  
NO 6A PLEASE

In order to keep costs minimal there will be no team scoring or timing. Coaches will get their own kids times as well as our volunteers at the finish line. There will be a running clock.

Course is mostly flat with a slight incline on the 3200 course

10 a.m. Coaches meeting at the start/finish line

10:15 a.m. first race-rolling schedule  
Elem. (3rd-5th) Girls then Boys - 800m  
JH (6-8) Girls then Boys - 1600m  
HS (9-12) Girls - 1600m  
HS (9-12) Boys - 3200m

Cost is \$40.00 per division (JH-HS)  
\$20.00 for each Elementary division  
Individual runners will be \$5.00

Medals to top 20 in each division  
Ribbons to top 20 for Elementary

Entries need to be emailed by September 24th. Please specify Girls or Boys and which division (Elem.-JH-HS) and your school.

COACH HUMMINGBIRD

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