SULPHUR CROSS COUNTRY MEET

Meet Date: SEPTEMBER 17TH, 2024

ONLINE ENTRIES: All entries are online on the ENDURO USA™ website (www.endurousa.com). The ONLINE entry deadline is: Monday September 16th at 5:00pm. Complete All Steps on our meet's "Entry Window" – including the "VERIFICATION" Step. Be sure to visit our meet's "PREVIEW" window immediately before departing for the meet for any last-minute information concerning the meet. Teams will not be added at the meet. - - - NO EXCEPTIONS. If you have questions about your ENDURO USA™ account contact Cara Gabbert at: cara@runenduro.com. Any questions, please contact: Cody Lawson@ (580) 465-3114, cody.lawson@sulphurk12.org.

Location: CHANGE OF LOCATION Chickasaw National Recreation Area DIRECTIONS: From US 7, turn South on 12th Street at stop light. Go South to the fountain. We will be just South of the Fountain

Time: COACHES MEETING 2:30 PM

Rolling Schedule:

3:00	HIGH SCHOOL BOYS -5K	followed by	HIGH SCHOOL GIRLS -2 mile
	MIDDLE SCHOOL BOYS -2 mile	followed by	MIDDLE SCHOOL GIRLS -1.5 mile
5:00	6TH AND 5TH GIRLS -1 mile	followed by	6TH AND 5TH BOYS -1 mile
	4TH AND 3RD GIRLS -1 mile	followed by	4TH AND 3RD BOYS -1 mile
	2ND AND 1ST GIRLS -1 mile	followed by	2ND AND 1ST BOYS -1 mile

KINDERGARTEN AND BELOW GIRLS 1/2 mile

KINDERGARTEN AND BELOW BOYS 1/2 mile

Entry Fees: H.S.-- $80.00 per team, $15.00 per individual. M.S. -- $80.00 per team, $15.00 per individual. Elementary - $5.00 per runner

MAKE CHECKS TO SULPHUR TRACK

Scoring: We will score the top five (5) runners in each division, 6th place will serve as a tie breaker. Others may run, but will not count in scoring.

Awards: Individual awards will go to the top 20, in each race.

Results: Results (team &individual) will be distributed on site.

Restrooms: Restrooms are available at the Start/Finish area.

Mail Check to: c/o Cody Lawson, Sulphur Middle School, 1019 W 9th Sulphur, OK 73086

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ELEMENTARY DIVISIONS

If you are interested in running in the meet, fill out the information below with parent's signature and bring form to the meet.

NO PACING WILL BE ALLOWED ELEMENTARY ONLY

Name_____
School_____

Grade_____ My child has my permission to run in the Sulphur Cross Country Meet on Tuesday, September 17th, 2024

Parents Signature_____ Date_____

For more information or questions contact:

Emile Heitland (580) 320-9313

Cody Lawson (580) 465-3114