

Alva Goldbug Cross Country Invitational Saturday, August 23



We are excited to invite you to the 4th Annual Alva Goldbug Cross Country Invitational meet!

Date: Saturday, August 23 Location: Alva Recreational Complex- 1187 Goldbug Blvd., Alva, OK Entry Fees: \$80 - High School Division \$65- Middle School Division \$10- Individual Runner Please make checks payable to Alva High School Athletics

ON-LINE ENTRIES- Coaches must submit all entries on the Entries and Results website: <u>www.entriesandresults.com</u>. – NO ADDITIONAL ENTRIES AFTER THE DEADLINE. –ONLINE ENTRIES DEADLINE: Friday, August 22 at noon. Complete ALL the steps on the "Entries Window". Make sure to "VERIFY". TEAMS WILL NOT

BE ADDED AT THE MEET. If you need help with your Entries and Results[™] account, please email your questions to <u>jhughes@elginps.net</u>.

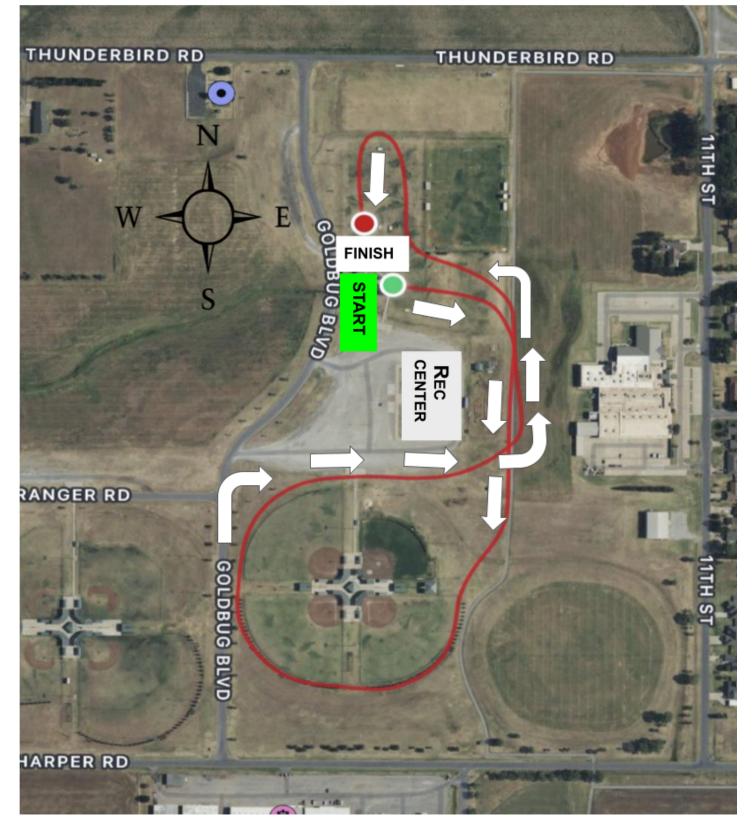
<u>www.entriesandresults.com</u> has been loaded with your team roster from last cross country season. All you need to do is edit any changes from last season and add any new athletes for the 2025 season

<u>MEET TIMING & amp; RESULTS</u> - RFID Chip Timing for the meet is provided by <mark>12:1 Running Timing Services</mark> . Live results are available at <u>www.twelve1running.com</u> .				
<u>Awards</u> : The top 20 of each division will be medaled.				
<u>Schedule:</u>	8:00 AM- Coaches Meeting			
	8:30 AM- High School Boys	5k		
	9:00 AM- High School Girls	2 miles		
	9:30 AM- Middle School Boys	1 Mile		
	10:00 AM- Middle School Girls	1 Mile		
	*Each race will begin at the conclusion of the previous race, times are an estimate.			

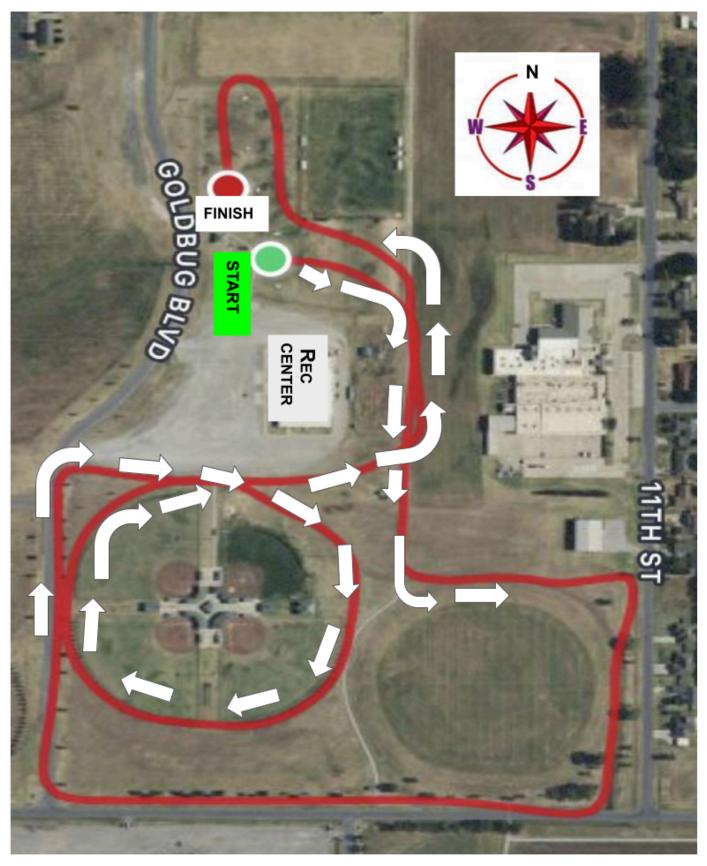
Contact Information:

Mary Tyree	580-829-2080	<u>mltyree@alvaschools.net</u>
Kaye Christensen	620-886-0112	jkchristensen@alvaschools.net

JH BOYS AND GIRLS 1 mi



HS Girls 2 mi.



HS Boys 5k

