## 3rd Annual Bridge Creek Cross Country Invitational

2209 E. Sooner Rd, Blanchard, OK 73010

Date: Saturday, August 23rd, 2025

Entry Fee: HS- \$100 Boys/\$100 Girls or \$180 for both, \$200 if you bring JV

JH- \$ 75 Boys/ \$75 Girls or \$130 for both \$15 per individual (four runners or less)

\*\*\*Please enter no more than 10 runners in the HS Varsity races. All others may be entered into the HS JV races. There will be no JV races for JH.\*\*\*

This meet will have an invitation code. Please contact Coach Abbott at <a href="mailto:nabbott@bridgecreek.k12.ok.us">nabbott@bridgecreek.k12.ok.us</a> if you plan to attend.

ON-LINE ENTRIES- Coaches must submit all entries on the Entries and Results website: 
www.entriesandresults.com. — NO ADDITIONAL ENTRIES AFTER THE DEADLINE.
—ONLINE ENTRIES DEADLINE: Friday, August 22nd at noon. Complete ALL the steps on the 
"Entries Window". Make sure to "VERIFY". TEAMS WILL NOT BE ADDED AT THE MEET. If 
you need help with your Entries and Results™ account, please email your questions to 
ihughes@elginps.net.

<u>www.entriesandresults.com</u> has been loaded with your team roster from last cross country season. All you need to do is edit any changes from last season and add any new athletes for the 2025 season

<u>MEET TIMING & RESULTS-</u>RFID Chip Timing for the meet is provided by <u>12:1 Running Timing Services</u>. Live results are available at <u>www.twelve1running.com</u>.

Checks can be made out to: Bridge Creek Cross Country

2209 E. Sooner Rd Blanchard, OK 73065

Restrooms: Restrooms will be available through the main entrance of the HS Gym.

Course: Start and finish line are both on the practice football field that is to the north of the HS Gym.

Coaches Meeting: 7:30AM

Schedule: 8:00AM HS Boys (5K) (10 runner limit)

HS Girls (2 Mile) (10 runner limit)

HS Boys JV (5K) (No limit) HS Girls JV (2 mile) (No limit)

JH Boys (2 Mile) JH Girls (1.5 Mile)

\*\*\*Each race will begin on a rolling start. When one race is completed, we will take a few minutes to line up the next group of runners and continue until the events have all been completed. Please be aware that the timing system does have the capability to start a new race before one has been completed.\*\*\*

Bus Parking: Buses will park in the middle school parking lot. We will have someone there to navigate you.

Tents: Teams may set up tents on the grass area to the north of the HS Gym between the gym and the practice field (start and finish line).

Maps will be provided to indicate bus parking, spectator parking, tents, restrooms, etc.

Scoring and Awards: Top 7 runners from each team will be scored for each division. Top 15 finishers will receive a medal in each division (Varsity/JH). First place team awards will be given to the top team in each division (Varsity/JH). Top 10 finishers will receive a medal for JV. There will be no team award for JV races.

If you plan to attend or have any other questions in regards to the meet, please use the following contact information.

## Contact:

Head Coach- Nick Abbott <a href="mailto:nabbott@bridgecreek.k12.ok.us">nabbott@bridgecreek.k12.ok.us</a> (918) 724- 8133