



2025

OSSAA CROSS COUNTRY

5A/6A

WEST REGIONAL



OSSAA West Regional Cross-Country Championship



Class 5A – 6A Saturday, October 25, 2025 Moore High
School Cross Country Course · Moore, OK First Moore
Baptist Church 301 NE 27TH Moore, OK 73160

SCHEDULE:

6A Division:

Coaches' Meeting – at the finish line: 8:30 A.M. 6A Girls – 9:00 A.M. 6A
Boys – 9:45 A.M.
Awards – First Moore Atrium: 10:30 A.M. * approx. *

5A Division:

Coaches' Meeting – at the finish line: 10:30 A.M.
5A Girls – 11:00 A.M.
5A Boys – 11:45 A.M.
Awards – First Moore Atrium: 12:30 P.M.

AWARDS & STATE QUALIFICATION

Top 15 Individual Places

Team Plaque for 1st Place

State Qualification:

6A – Top 7 teams + Top 7 individuals not on a qualifying team

5A – Top 7 teams + Top 7 individuals not on a qualifying team

*Any runner who medals at the regional meet automatically qualifies for State. *if they don't meet above qualifications*

REGISTRATION

- All entries must be submitted online via ok.milesplit.com.
- Teams may enter up to 7 runners per division.
- For issues with MileSplit accounts, contact Daniel Everett (MileSplit) – Daniel.everett@flosports.tv

TICKETS

- Digital Tickets: \$7.00 + \$1.35 service fee
- Cash Tickets at Gate: \$10.00
- Tickets can be purchased online through the OSSAA website at www.ossaa.com

TIMING & OFFICIALS

- Timing provided by Enduro Timing – cara@runenduro.com
- Starter: Sonny Leitka - Splits: Will have electronic split at halfway point.

ENTRY

- Buses: Enter via the furthest east entrance off NE 27th Street.
- Spectators: Enter via west entrances off NE 27th Street. Exit onto I-35 Frontage Road.
- Spectator Access: Enter through the main entrance of the cross country course. See spectator map for reference.

PARKING & TEAM CAMPS

- See attached parking maps for details.
- Bus Parking: East Side Parking Lot
- Spectator Parking: West Side Parking Lot
- Team Camps: See attached maps for designated camp areas.
- Concession Set Up: In the finish line area/ team camp area.



COURSE PREVIEW

- Friday, All Day – Course open for preview.
- Saturday, course will be open at 7am for walk thru.

COURSES & FACILITIES

-Course: Same as the #R4RYK

- Restrooms: Inside of First Moore – Enter through Atrium Entrance.
 - Port-A-Potties: By the starting line are reserved for runners only.
 - Awards presented inside First Moore Baptist Church in the Atrium. Enter on the east side.
- *See Spectator Map for Reference.

FIELD RESTRICTIONS

- All participants and spectators must remain outside the fence to protect the finish area and ensure safety

UNIFORMS & CONDUCT

- Runners must wear matching school-issued singlets and shorts. Undergarments do not need to match.
- Coaches and spectators must remain outside the competition area during races.

CONTACT INFORMATION

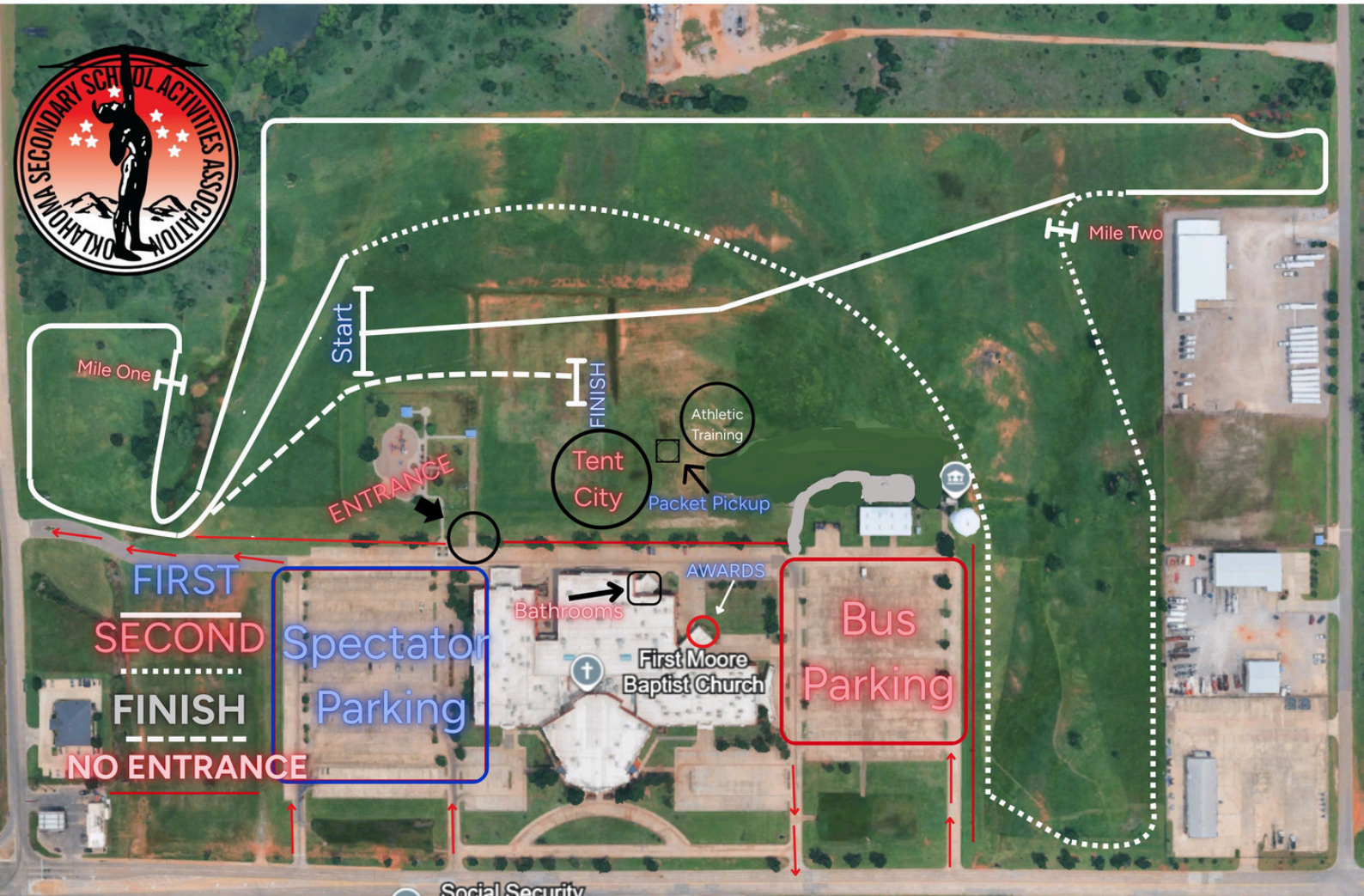
Meet Director: Dustin Mettler – (580) 736-3820 – dustinmettler@mooreschools.com

Athletic Director: Jason Lingo - (405) 517-0503

*See Attached Parking & Team Camp Maps for Details

5K Course & Parking Map

2025 5A -6A CROSS-COUNTRY REGIONAL CHAMPIONSHIPS - MOORE



***Spectator Parking in
West Parking Lot**
***Team Parking in
East Parking lot**

2025-2026 SPECTATOR PROCEDURES

If a student leaves during an event, the student will not be allowed to re-enter.

Students Attending Events:

All students, from both participating schools, must wear school IDs in order to attend athletic events.

Students must stay in their teams designated areas at all times. Students may not play music on any device at the stadium.

Middle School and Elementary School students must have a guardian present and be seated with the guardian for the duration of the event.

Prohibited Items at Events:

1. Bags, backpacks, and hard binocular cases (ONLY clear bags allowed)
2. Mace and all personal protective sprays
3. Laser pointers
4. Knives
5. Guns
6. Outside food and beverages
7. All forms of tobacco, alcohol, drugs, and vapes.
8. Air horns, balls, and sporting equipment, inflatables, coolers, and containers.
9. Pets, with the exception of registered service animals.
10. Portable Speakers/Boom Boxes. Music is not allowed from the fan or student section.



Clear Bag Policy

Approved Bags



One (1) gallon clear plastic storage bag



6.5" x 4.5" Clutch Wallet
No more than one in the bag or without a bag



Diaper Bag



12" x 6" x 12" Clear Tote
Larger bags prohibited

Approved Items

Items will be opened for a search prior to gate entrance.



Blanket



Stadium Seat



Umbrella



Stroller

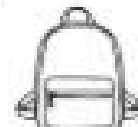
Prohibited Bags



Purse



Backpack



Clear Backpack



Fanny Pack



Clear Tinted Tote



String Backpack



Camera Case



Binocular Case



Mesh Bag

Weapons Detection System:

Every attendee (including those with passes and District employees) will walk through our weapon detection system at our large events. We will have security at our gates as well as multiple law enforcement officers at the event.

No firearms, weapons, or explosives allowed on Moore Public Schools campuses. The State of Oklahoma prohibits possession of a firearm on any public or private school property.

OSSAA 5A/6A CROSS COUNTRY REGIONALS GOFAN TICKETS



USE QR CODE OR GO TO:

gofan.co/event/473408?schoolld=OSSAA