## Claremore Zebra

## Claremore Lake Cross Country Meet

**DATE:** Friday, August 29<sup>th</sup>, 2025

**TIME:** Coaches meeting starts at 8:45 a.m. First race starts at 9:00

a.m.

**LOCATION:** Claremore Lake

E. Lowery Rd

Claremore, OK 74017

**REGISTRATION:** Coaches, you register your entries on

ok.milesplit.com/meets/697380 to compete! The deadline is Wednesday, August 27 at 5:00pm. At the coaches meeting,

you will receive a packet with bibs/chips and a roster. Athletes must wear the correct bib to get a result.

**DIRECTIONS:** Take Highway 66 to Blue Star drive, turn right on Blue Star,

Go to the stop light, continue to go straight to the stop sign, go straight through the stop sign for ¾ of a mile and the round-up (rodeo) entrance will be on the left. Drop your athletes off and park the bus in the lot for the round-up (rodeo grounds).

**DIVISIONS:** H.S. Boys (7 members), H.S. Girls (7 members), J.V. Boys

(unlimited), J.V. Girls (unlimited), J.H. Girls (unlimited), J.H.

Boys (unlimited). Junior high is 8<sup>th</sup> and below.

**DISTANCE:** 5A-6A Boys and Girls 5K, 4A and Below Boys 5K and Girls 2

mile. All Junior High will be 2 miles.

**ENTRY FEE:** \$100 varsity girls, \$100 varsity boys (J.V. Free with varsity fee)

\$85 J.H. girls, \$85 J.H. boys

\$20 per runner if less than 7 runners

**AWARDS:** Top 30 receive medals in Varsity, J.V. and J.H.

First place team in varsity division will receive a plaque.

**SCHEDULE:** 8:45 Coaches Meeting at Finish Line

9:00 H.S. Girls Varsity and Junior Varsity (5K)

9:30 H.S. Boys Varsity and Junior Varsity (5K)

10:00 Girls Varsity and Junior Varsity (2Mile)

10:30 J.H. Girls (2mile)

11:00 J.H. Boys (2mile)

**CONTACT:** Eric Wiens

**Head Cross Country Coach** 

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School: 918-923-4211

Cell: 918-261-0197

**PAYMENT:** Have all checks made out to:

Claremore Cross Country

201 E. Stuart Roosa

Claremore, OK 74017