



CCS Cross Country Invitational



Saturday, September 13th, 2025

Location: Community Christian School Activity Center - 5300 Interstate Dr, Norman OK 73072

Cross Country Course is south of the CCS Baseball Field (see map attached)

Parking is in the paved CCS Activity Center parking lot north of the baseball field.

ON-LINE ENTRIES- Coaches must submit all entries on the Entries and Results website:

www.entriesandresults.com. — **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** — **ONLINE ENTRIES**

DEADLINE: **** SEPTEMBER 12TH *** at noon. Complete ALL the steps on the “Entries Window”. Make sure to “VERIFY”. **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your Entries and Results™ account, please email your questions to jhughes@elginps.net.

www.entriesandresults.com has been loaded with your team roster from last cross country season. All you need to do is edit any changes from last season and add any new athletes for the 2025 season

MEET TIMING & RESULTS- RFID Chip Timing for the meet is provided by **12:1 Running Timing Services.**

Live results are available at www.twelve1running.com.

Entry Fee: ALL FEES MUST BE PAID AT CHECK-IN OR RECEIVED IN THE MAIL BEFOREHAND

\$90 for High School teams

\$60 for Junior High teams

\$15 per individual (up to 4 individuals)

Mail or bring check payable to:

CCS (memo: XC Coach)

3002 Broce Dr

Norman, OK 73072

Contact: Email Coach Downing to confirm entry at ccsxctf@ccsroyals.com.

Gate Fee: \$3 per spectator or \$5 per family

Concession stand available and merchandise for sale.

Awards: Medals to the top 20 in each race. Team Champion plaques will be awarded.

Schedule: All races after the first race will be run on a rolling schedule.

8:00 COACHES' MEETING - ON THE BASEBALL FIELD

8:55 JV/VARSITY GIRLS 2 MILES

9:15 JV/VARSITY BOYS 5K

8:15 JH GIRLS (7TH-8TH GRADE) 1.5 MILES

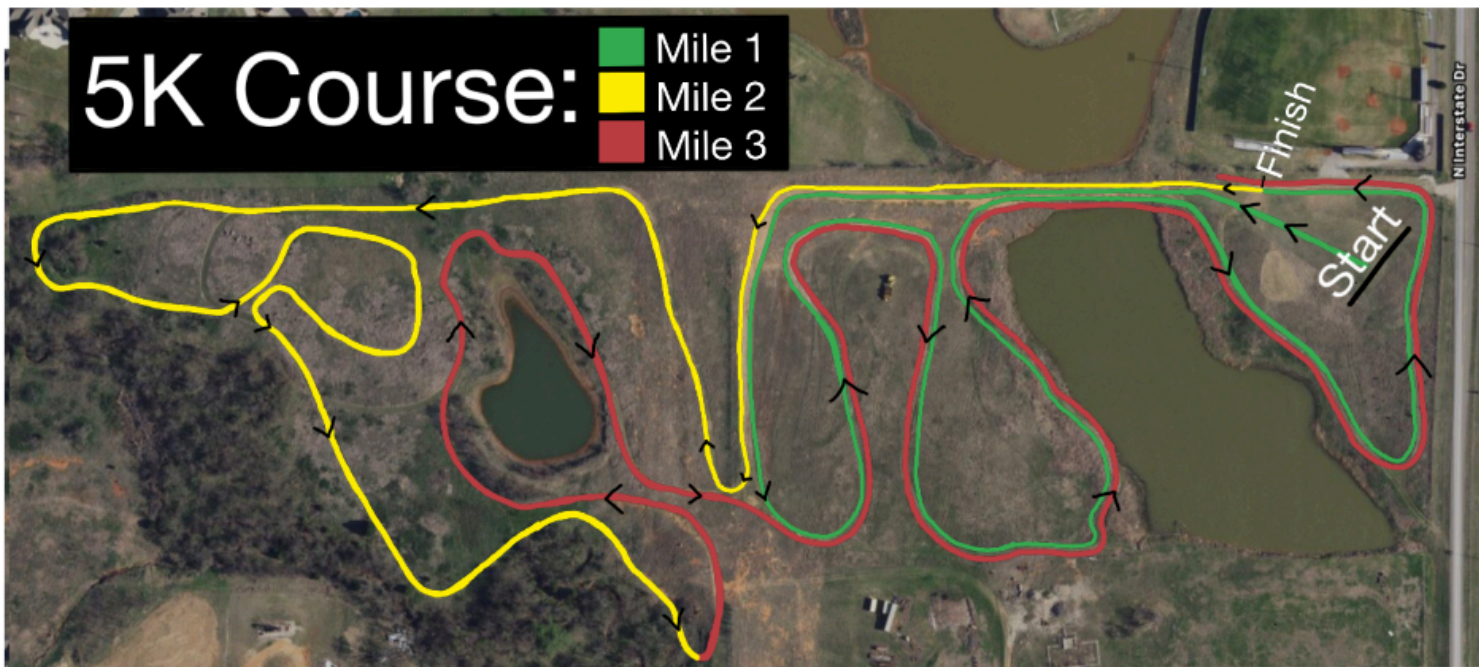
8:35 JH BOYS (7TH-8TH GRADE) 2 MILES

*If entries exceed course capacity, races will be divided into Small Schools and Large Schools.

MAKE SURE TO CHECK YOUR EMAIL THE DAY BEFORE THE MEET TO SEE IF WE HAVE HAD TO DIVIDE RACES.

5K Course:

- Mile 1
- Mile 2
- Mile 3



2 Mile Course:

- Mile 1
- Mile 2



1.5 Mile Course:

- Mile 1
- 1/2 Mile



**Community Christian School
Activity Center**
5300 N Interstate Drive
Norman, OK 73072
Cross Country Course



**Overflow
Parking
Will be
South
Of the
Complex**