

## Entries and Results with Phone Timing®

**E-N-R™** is new for 2025 Cross Country.

Due to the ever-increasing cost of hosting a XC meet,  
and due to the ever-increasing size of school XC meets . . .  
**Entries and Results™** - with - **Phone Timing®** was created.



RFID Timing is a great way to time XC meets and produce results.

HOWEVER — the costs are high and the number of timing companies is low.

With **E-N-R™**, the size of your meet can be small (5 or 6 teams for example) - - -

. . . **No apps to download** . . . **No timing software to learn** . . . **No equipment to buy**

*E-N-R with Phone Timing is a  
“Time-It-Yourself” alternative offered by  
local Timing Companies for schools  
that prefer smaller XC meets in  
which the cost of hiring  
a company is not  
practical.*

All that is needed is a few people with their cell phones—with **E-N-R™** opened on each phone.

A couple of people at the finish line—using their phones to “COUNT” each runner that crosses the line.

- A few people past the finish line to enter each runner’s number on their phones—in finish order.

### Coaches and Spectators:

- There is no need for an expensive display at the finish line to show spectators the Race Clock.

- - With **E-N-R™** and **Phone Timing®** spectators can also view the Race Clock on their phones.

- - - In addition, coaches and spectators can view the results on their phones during each race,  
which includes each finisher’s time - and - team points as they accumulate during the race.

Remember - no apps to download. Just open **E-N-R™** to the meet / race - and you’re ready to go.

## Quick Roster Access™

Username and passwords are a thing of the past.

No more “Forgot Password” - or - remembering a Username.

With **Quick Roster Access™**, each SCHOOL has a **Roster Coordinator** - which is either the TF or XC head coach.

### ——— ROSTER COORDINATORS ———

(FIRST STEP: Claim your school)

To begin with—go to: **www.entriesandresults.com**—which is the **E-N-R™** “Welcome” window.

On the “Welcome” window—under the box to enter a **Roster Coordinator Code**—click on -

**“To CLAIM Your School, Click HERE”.**

Then, in the next window, complete the required information—including your new **“Roster Coordinator Code”**.

**Roster Coordinator Codes** include the following: the last 4 numbers of your Social Security number - plus -  
your **YEAR** of Birth (YoB) - plus - your school level (HS=1 / JH = 2 / ES = 3). So, for example: **“3128 –1995–1”**  
last 4 of SS# YoB HS

After you complete the required information—and—create your **Roster Coordinator Code**,  
assign a **Roster Code** to each of your school’s four rosters. (Boys & Girls XC—Boy & Girls TF)

After you assign each of the rosters a **Roster Code** - provide the codes to the desired Coach(s).

NOTE: you can assign the **SAME** Roster Code to multiple rosters if a coach has more than one gender/sport.

### ——— COACHES ———

Simply go to the welcome page and enter your assigned **Roster Code** to **QUICKLY ACCESS** your Roster(s).

NO Passwords & NO usernames - - - If you forget your **Roster Code**—simply ask your school’s Roster Coordinator.

**www.entriesandresults.com**