

We would like to invite you to the 3rd Annual Heavener Public Schools cross country meet. The meet will be held on Thursday, October 9, 2025. The start/finish line will be located at the Heavener Track facility. This meet is open to classes 4A and below.

ENTRY FEES:

Elementary-\$50 per school (both divisions will run together)

Junior High-\$60 per girls team \$60 per boys team

High School- \$100 per Women's team \$100 per Men's team

**Please make checks payable to Heavener Public Schools

Distance/Awards:

Elementary (6th and below) -1 mile- Top 30 ribbons (Girls/Boys combined)

JH Girls- 1 mile- Top 20 medal/Team Championship Plaque

JH Boys- 2 mile- Top 20 medal/Team Championship Plaque

HS Women- 2 mile-Top 20 medal/Team Championship Plaque

HS Men- 5k- Top 20 medal/Team Championship Plaque

(Team scoring- Top 5 finishers per school)

Concession and restrooms will be available

Registration:

ONLINE ENTRIES-Coaches must submit all entries on the Entries and Results website:
www.entriesandresults.com. — NO ADDITIONAL ENTRIES AFTER THE DEADLINE.

ONLINE ENTRIES DEADLINE: October 8 at 5:00 pm. Complete ALL the steps on the "Entries Window".
Make sure to "VERIFY". TEAMS WILL NOT BE ADDED AT THE MEET.

Questions related to your roster, email martin@i40raceservice.com

Elementary runners will register upon arrival at facility.

Meet Schedule:

9:00am Coaches Meeting

9:30am Elm (1 mile)

*All race times after elementary will be approximate

10:00am JH Girls (1 mile)

10:30am JH Boys (2 mile)

11:00am HS Women (2 mile)

11:30am HS Men (5k)

For questions or more information please contact:

Ray West

479-719-5303 (cell)

918-653-4303 (work)

rwest@heavenerschools.org