## Blue and Gold Invitational Saturday Sep 20, 2025 Holdenville Lake

**Location**: Holdenville Lake- South of Holdenville on Highway 48

Information: ON-LINE ENTRIES- Coaches must submit all entries on the Entries and Results website: <a href="www.entriesandresults.com">www.entriesandresults.com</a>. — NO ADDITIONAL ENTRIES AFTER THE DEADLINE. —ONLINE ENTRIES DEADLINE: (\*\*\*\* INSERT DAY PRIOR TO MEET HERE \*\*\*) at noon. Complete ALL the steps on the "Entries Window". Make sure to "VERIFY". TEAMS WILL NOT BE ADDED AT THE MEET. If you need help with your Entries and Results™ account, please email your guestions to jhughes@elginps.net.

www.entriesandresults.com has been loaded with your team roster from last cross country season. All you need to do is edit any changes from last season and add any new athletes for the 2025 season

MEET TIMING & RESULTS- Meet is being self timed using the Entries and Results website. Live results are available at <a href="https://www.entriesandresults.com">www.entriesandresults.com</a>

**Entry Fee**: \$110 Varsity per gender

\$90 Junior High per gender \$80 Elementary Combined

If you have less than a full team in a division the price is \$20 per individual not to

exceed the team entry fee.

Checks made to Holdenville Public Schools

Mail payment to: Holdenville High School

Attn: Leslie Phillips-Carter, Head CC Coach

210 Grimes Holdenville, Ok 74848

Awards: Top 20 finishers in each division will receive a custom medal at the end of the

finish line chute

Schedule: 8:20 Coaches Meeting

8:30 Elementary Girls Race (15 medals for each sex)

8:50 Elementary Boys Race 9:10 High School Girls 2 miles 9:40 High School Boys 3.1 miles 10:15 Junior High Girls 1 mile 10:30 Junior High Boys 1 mile

Questions call or text Leslie Phillips-Carter (405) 510-7794