



Konawa High School/Junior High XC Meet

Date: Friday, September 5, 2025

Coaches Meeting: 8:30 AM.

Location: Konawa Track

We would like to invite you and your teams to participate in our High school/Junior high boys and girls cross country meet. Please read the information below regarding the meet.

ENTRY FEE: \$80.00 for each boys and girls team. \$20.00 per individual if less than four (4) members on a team.

TIME: All teams report to the Konawa Track by 8:30 AM. We will have our coaches meeting near the tree at the entrance of the track at that time.

MEDALS: Awarded to top 20 in each division

Race Schedule:

JH Girls: 1 mile 9:00 AM

JH Boys: 1 mile 9:20 AM

HS Girls: 1 mile 9:40 AM

HS Boys: 2 miles 10:00 AM

ENTRY FORM

SCHOOL _____

COACH _____

TEAMS (Check the one you will have)

JH Boys _____ JH Girls _____

HS Boys _____ HS Girls _____

\$80 per team or \$20.00 per individual, if less than 4 members on a team per division.

Amount Paid _____

If you are mailing a check, please make it out to Konawa School and mail to:

Nancy Wilson
Konawa Public School
701 W South Street
Konawa, OK 74849

The map shown is the 2 mile course.
Runners will begin on the infield of the track and finish on the track. There will be a gator
runners will follow as well as arrows on the
course.

If you have any questions,
Please contact Coach Walker at
580-665-7444 or email
jakewalker@konawa.k12.ok.us.

