



MID SEASON MEET OF **CHAMPIONS**



Lincoln Christian School
Tulsa, OK

- * Team meal afterwards
- * T shirt for top 5
- * Medal top 30 HS/ 20 JH
- * Coaches Gift
- * Team trophy 1st and 2nd

Highlights:

- ✓ Spectator friendly
- ✓ Scenic wooded trails
- ✓ Runner focused course



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SATURDAY
SEPTEMBER 13TH

MID SEASON MEET OF CHAMPIONS

ATTENDING TEAMS HAVE 26 STATE TITLES IN THE LAST 5 YEARS

Schedule

8:15 AM Coaches meeting /
packet pickup

8:30 AM Elementary 1 mile

9:00 AM JHi girls 2 miles

9:30 AM JHi boys 2 miles

10:00 AM High School Girls

10:30 AM High School Boys

Costs

\$100 per HS Team

- \$200 for both genders

\$100 per JH Team

- \$200 for both genders

\$350 if bringing all 4

Elementary free



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