Mason Public Schools



374006 E 1000 Road, Mason, OK 74859

Coaches,

I would love to have your athletes at Mason on October 11 for 3A and Below for our Pre-Regional Meet, and an end of year elementary and Junior High Meet.

The High School Girls course is 2 miles, High School Boys 3 Miles and Elementary and JH 1 Mile..

We will give 10 medals to each of the following divisions. Coaches time your own athletes.

Coaches Meeting at 8:30 Approximate run times listed below, be prepared to run when race in front finishes.

9:00	High School Girls		*		dals
9:15	High School Boys				dals
9:30 9:45		7 th & 8 th 7 th & 8 th	\$50 team or \$10 Individua \$50 team or \$10 Individua		
10:00	Elementary Girls 6 th and Below		\$50 team or \$10 individual	10 Medals	Ribbons to all participants
10:15	Elementary Boys 6 th and Below		\$50 team or \$10 individual	10 Medals	Ribbons to all participants

Make checks payable to Mason Cross Country

When runners finish the race – water will be made available to them.

Please give me a call so I may plan on participants
Feel free to contact me with any questions
Cindy Beets 918 807-0175