



Running with The Herd

McAlester Cross Country Meet

August 16th, 2025

Glen Stone Trail McAlester, OK



McAlester High School welcomes you to our first annual August Cross Country Meet to be held at our brand new cross country course located at Glen Stone Trail.

Location: Start Line- Playground at Parker Intermediate Center, 1310 N 6th St. McAlester, OK 74501

Parking: Stadium is located at 1310 N 6th Street.

15 School Limit! Please call or email Phillip Neill(my info is at bottom of page) to ensure your spot in the meet.

Registration: Junior High and High School will need to enter the meet through athletic.net. Entry deadline is 8/15/25 at Noon. Any questions contact cara@runenduro.com. Elementary times will be hand held,you can enter when you get there.

Entry Fee: HS \$75 per team (5 or more)
JH \$ 60 per team (5 or more)
\$10 per individual for HS and JH Runners
Elementary runners \$10 each (6th grade and under)

Make checks payable to McAlester Athletic Department.

Time	Divisions	Distance	Medals
8:30	Coaches Meeting		
8:45	Elem Girls and Boys	1 mile	Ribbons
9:00	JH Girls	1 mile	15 medals
9:15	JH Boys	1 mile	15 medals
9:30	HS Girls	1 mile	15 medals
10:00	HS Boys	2 miles	15 medals

*Times on races are approximate.Races will start when the preceding race ends

Awards: Medals to top 15 in each division. No team trophies

Facilities: No dressing rooms: Restrooms will be available

Please feel free to contact us with any questions.

Head XC Coach
Phillip Neill
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Director of Athletics
James Singleton
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