

Riverside 5000

Free entry for high school and younger kids. Please bring food donations for the Jenks Community Food Bank.

Date: Saturday August 2nd Tulsa, OK 96th & Riverside

Website: [2025 Riverside 5000 - Tulsa Runner | Tulsa Running Store | Running Shoes Tulsa](#)

Phone Number: 918-494-8800

Registration: Please email an excel spreadsheet with the following information to Philip West westusmc@hotmail.com. First Name, Last Name, City of Residence, Age on race day, & Gender.

Team registration is due by 11pm Wednesday July 30.

We will have team packets available on race day.