

Location	Mohawk Sports Complex, 3500 E 56th St N, Tulsa	а, ОК 74117
		I RSU Head Coach Matt Kennedy at <u>mkennedy@rsu.edu</u> le until the meet is filled with 17 schools per division.
	Entries are due by September 2 by 11:59 PM. Mo 20-runner limit per team. Link: coming soon	ust be entered through Direct Athletics.
	The looped course is entirely grass, with one side zero elevation change and all the turns are wide.	ewalk crossing covered with artificial turf. There is almost
	7:45 PM / 2A-4A Girl's 2-mile 8:15 PM / 2A-4A Boy's 5000m 8:50 PM / 5A-6A Girl's 5000m 9:25 PM / 5A-6A Boy's 5000m 10:00 PM / College Women's 5000m 10:30 PM / College Men's 4-mile	
Teams *as of 6/9	<ul> <li>2A-4A DIVISION (girls 2-mile, boys 5000m)</li> <li>1. Cascia Hall</li> <li>2. Mannford</li> <li>3. Metro Christian</li> <li>4. Mingo Valley Christian</li> <li>5. Prague</li> <li>6. Rejoice Christian</li> <li>7. Seminole</li> <li>8. Sequoyah-Claremore</li> <li>9. Shidler</li> <li>10. Tulsa-NOAH</li> <li>11. Verdigris</li> <li>12. Wyandotte</li> <li>13.</li> <li>14.</li> <li>15.</li> <li>16.</li> <li>17.</li> <li>18.</li> </ul>	<ul> <li>5A-6A DIVISION (girls &amp; boys 5000m)</li> <li>Bartlesville</li> <li>Bishop Kelley</li> <li>Booker T Washington</li> <li>Broken Arrow</li> <li>Claremore</li> <li>Collinsville</li> <li>Coweta</li> <li>Ft. Smith Southside (AR)</li> <li>Edison Prep</li> <li>Glenpool</li> <li>Jenks</li> <li>Lincoln Christian</li> <li>Owasso</li> <li>Piedmont</li> <li>Pryor</li> <li>Regent Prep</li> <li>Sapulpa</li> <li>Tahlequah</li> <li>Will Rogers</li> </ul>
	5 to 20 athletes. A surcharge of \$20 per athletes	am with a 20-runner limit per team. A team is considered will be applied if a team surpasses the 20-athlete entry n or checks accepted at packet pick-up, or mail checks to:

Make checks payable to the "<u>RSU Foundation</u>" Rogers State University Foundation Attn: Matt Kennedy 1701 W Will Rogers Blvd Claremore, OK 74017

Live & Final Results..... https://www.blacksquirreltiming.com/

Packet Pick-Up...... Packets should be picked up immediately upon arrival at the check-in tent near the finish line. All scratches must be made at this time. Coaches' gifts and student-athletes' bag tags will also be distributed at check-in.

Timing & Bibs	Race bibs should be worn on the front of the athlete's jersey. Please do not bend the timing strip. The bib tags are disposable and do not need to be returned.
Awards	Trophy to the winning team. Individual awards will be given to the top 25 finishers in each race. There is no awards ceremony. Awards should be signed for and picked up at the awards tent by the athletes after the results are made available. Coaches may pick up team awards after the results are final.
Parking	Team Parking: Designated team parking will be available inside the complex near the course. Please see the maps in the General Information section on the Meet Information page for parking & traffic flow (link).
	Spectator Parking: Parking will be available in the lots just south of the finish line, as well as in all other lots inside the complex as needed. Shuttles will be provided. Please see the maps in the General Information section on the Meet Information page for parking & traffic flow ( <u>link</u> ).
Facility Rules	Parking is allowed in designated areas only. No parking on the grass. Glass containers and pets are not permitted at Mohawk Sports Complex.



MileSplit Oklahoma and Oklahoma Running Company will be on-site for event coverage and promotion. Top performers and winning team head coaches should be preserved if



5000m & 4-Mile Map...... Three & Four Laps



## 2-Mile Map..... Two Laps