



SPIRO CROSS COUNTRY MEET

DATE: SEPTEMBER 30, 2025

Location: Old Sprio Lake

Spiro Park - Busses will follow LAKEVIEW Drive to parking.

Time Schedule: 4:00 Coaches Meeting

4:10 Elementary Boys & Girls (6th Grade & Below, 1 Mile)

4:30 JH Girls 1.5 Mile

5:00 JH Boys 2 Mile

5:30 HS Girls 2 Mile

6:00 HS Boys 5k

ALL TIMES ARE APPROX. THE NEXT RACE WILL START AS SOON AS THE PRIOR FINISHES.

Awards: Elementary → Ribbons to top 15 finishers
JH & HS → Medals to top 15 finishers in each

Entry Fee: Elementary Runners \$40 per team or \$5 each
JH Teams \$70 per team or \$10 per individual
HS Teams \$80 per team or \$10 per individual

All entries must be submitted through endurousoa.com. **Please have students entered by Friday, September 26th.** This will give us an idea of how many athletes to expect, changes will be able to be made if necessary.

Contact: Brayden Cox (Cross Country Coach) → bgcox@spiro.k12.ok.us

David Hogan (AD & JH Principal) → dhogan@spiro.k12.ok.us
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