

TAHLEQUAH "EARLY TIGER" CROSS COUNTRY INVITATIONAL

ONLINE MEET REGISTRATION:

Entries are to be complete online using athletic.net. Phone or faxed entries will not be accepted.

Deadline for entering is: Tuesday, August 19th..

Please email to confirm your entry: spearsdm@tahlequahschools.org or millere@tahlequahschools.org

Problems with entry: contact Darren Mundell 918-200-1975

DATE: Thursday, August 21st, 2025

TIME: Packet pickup will begin at 7:30 am. First race starts at 8:30 am.

LOCATION: THS XC course. Located on campus just west of the MS facility near Baseball/Softball fields.

DIVISIONS: High School Girls, High School Boys, MS Girls (**8th grade and under only**), MS Boys (**8th grade and under only**).

ENTRY FEE: High School Teams / \$65 per team (\$120 for both Boys & Girls).

Middle School Teams (**8th grade and under only**) / \$40 per team (\$70 for both Boys & Girls).

Individual runners / \$10 each.

****If entering 2 High School teams & 2 Middle School teams / \$190 Total.***

COURSE: The course will be a rolling double loop. There will be outside restrooms available. No indoor facilities.

RESULTS: We will have computer timing and scoring at the finish line.

AWARDS: There will be 25 medals awarded in each HS race, and 10 medals awarded in MS.

SCHEDULE:

7:30	Packet Pickup	9:40	JH Girls 2K
8:30	HS Girls 5k	10:05	JH Boys 2k
9:15	HS Boys 5k		

CONTACT INFORMATION:

Elzy Miller

Girls Head Cross Country Coach

Cell: (918) 931-2789

School: (918) 458-4154

Email: millere@tahlequahschools.org

David Spears

Boys Head Cross Country Coach

Cell: (918) 453-1404

School: (918) 458-4154

Email: spearsdm@tahlequahschools.org

Fax: 453-1307

PAYMENT: You can have checks made out to Tahlequah Cross-country, and mail payment or bring check the day of the race. Mailing Address

Tahlequah Athletics

591 Pendleton

Tahlequah, OK 74464

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This will be a rolling schedule, so races times are approximate. Races may start 5-10min earlier if the course is clear for the next race.

All Athletes will be assigned a number. Your team packet includes pull tags with numbers assigned to everyone. Have athlete pin tag to jersey.

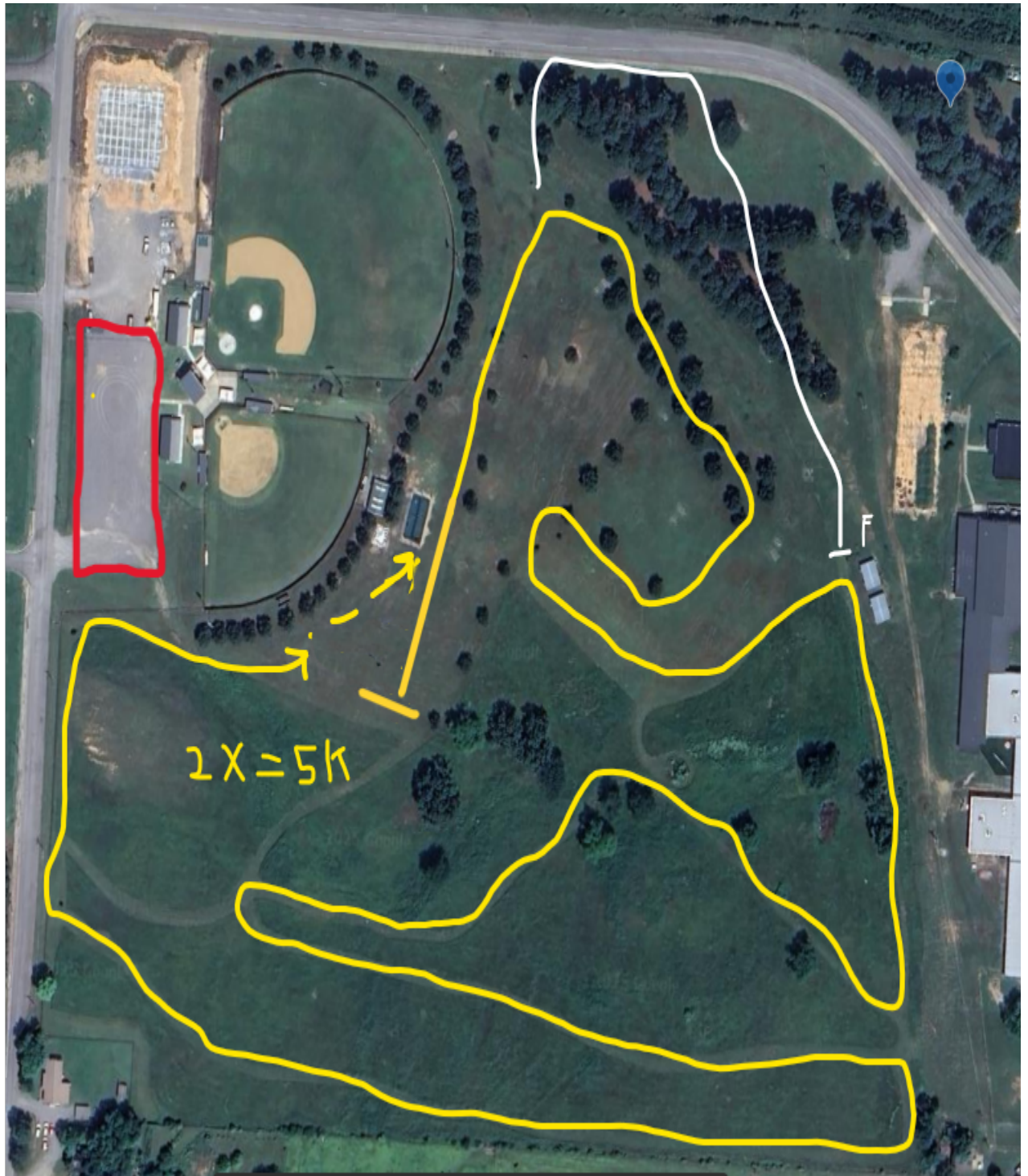
If an athlete has been missed let the registration table know and we will issue the athlete a number.

The start of the course is near the softball field; the first turn is about 200m into the race.

The MS will run 1 lap (2.25k) while the HS will run 2 laps (5k).

We ask all teams to pick up after themselves after the meet

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BUS PARKING WILL BE AT THE BASEBALL/SOFTBALL COMPLEX TO THE WEST OF THE COURSE.
SPECTATOR PARKING WOULD BE BEST THERE ALSO.

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