

# **Come Run with the Hornets Booker T. Washington Cross-Country Invitational**

● **DATE** Thursday, September 25, 2025

● **TIME** 3:30 p.m.-5:30 p.m.

● **LOCATION** O'Brien Park

6149 North Lewis Ave.

Tulsa, Ok.

● **SCHEDULE 3:15 COACHES MEETING**

3:30 VARSITY GIRLS

4:00 VARSITY BOYS

4:30 JV GIRLS

5:00 JV BOYS

5:30 MIDDLE SCHOOL GIRLS

6:00 MIDDLE SCHOOL BOYS

\*Next race will start immediately following previous race.

● **DISTANCE** Varsity Girls 5000 Meters

Varsity Boys 5000 Meters

JV Girls 5000 Meters

JV Boys 5000 Meters

Middle School Girls 3200 Meters

Middle School Boys 3200 Meters

● **AWARDS** Varsity Medals Top 15 Boys & Girls

JV Medals Top 15 Boys & Girls

Middle School Top 10 Boys & Girls

Team Plaques 1st, 2nd Varsity Division

- **ENTRY FEES** Varsity Division 7 Team Members-Top 5 Score  
JV Division Unlimited Entry-No Team Score  
\$100.00 per team \$200 Both Teams (Girls & Boys)  
MS Division \$80.00 per team  
Individual runners \$15.00  
*\*Please make checks payable to BTW Cross Country*

**REGISTRATION: DEADLINE IS Tuesday, September 23<sup>rd</sup> at 5:00pm.**  
Entries after the deadline will NOT be allowed...NO EXCEPTIONS.

**ON-LINE ENTRIES: Online entries will be on MileSplit**

**HIGH SCHOOL: You do NOT need to designate varsity or JV during registration. Enter all athletes who you plan to run**

- **MAIL TO** Greg Nash Cross-Country Coach  
Booker T. Washington High School  
1514 E. Zion St.  
Tulsa, Ok. 74106
- **ELIGIBILITY** All OSSAA GUIDELINE rules apply.
- **QUESTIONS** Greg Nash, BTW Head Coach  
School-918.925.1068  
Cell-918.638.1525

**Entry Form**

PLEASE COMPLETE AND RETURN WITH PAYMENT.

**SCHOOL:**

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**COACH NAME:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_

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**DIVISIONS:** *Please Circle*

Varsity Girls JV Girls MS Girls  
Varsity Boys JV Boys MS Boys