

# **Come Run with the Hornets**

## **Booker T. Washington**

### **Cross-Country Invitational**

●**DATE** Thursday, September 25, 2025

●**TIME** 3:30 p.m.-5:30 p.m.

●**LOCATION** O'Brien Park

6149 North Lewis Ave.

Tulsa, Ok.

●**SCHEDULE** 3:15 COACHES MEETING

3:30 VARSITY GIRLS

4:00 VARSITY BOYS

4:30 JV GIRLS

5:00 JV BOYS

5:30 MIDDLE SCHOOL GIRLS

6:00 MIDDLE SCHOOL BOYS

\*Next race will start immediately following previous race.

●**DISTANCE** Varsity Girls 5000 Meters

Varsity Boys 5000 Meters

JV Girls 5000 Meters

JV Boys 5000 Meters

Middle School Girls 3200 Meters

Middle School Boys 3200 Meters

●**AWARDS** Varsity Medals Top 15 Boys & Girls

JV Medals Top 15 Boys & Girls

Middle School Top 10 Boys & Girls

Team Plaques 1st, 2nd Varsity Division

●**ENTRY FEES** Varsity Division 7 Team Members-Top 5 Score  
JV Division Unlimited Entry-No Team Score  
\$100.00 per team \$200 Both Teams (Girls & Boys)

MS Division \$80.00 per team

Individual runners \$15.00

*\*Please make checks payable to BTW Cross Country*

**REGISTRATION: DEADLINE IS Tuesday, September 23<sup>rd</sup> at 5:00pm.**

**Entries after the deadline will NOT be allowed...NO EXCEPTIONS.**

**ON-LINE ENTRIES: Online entries will be on MileSplit**

**HIGH SCHOOL: You do NOT need to designate varsity or JV during registration. Enter all athletes who you plan to run**

●**MAIL TO** Greg Nash Cross-Country Coach

Booker T. Washington High School

1514 E. Zion St.

Tulsa, Ok. 74106

●**ELIGIBILITY** All OSSAA GUIDELINE rules apply.

●**QUESTIONS** Greg Nash, BTW Head Coach

School-918.925.1068

Cell-918.638.1525

### **Entry Form**

**PLEASE COMPLETE AND RETURN WITH PAYMENT.**

**SCHOOL:**

**COACH NAME:** \_\_\_\_\_ **PHONE:** \_\_\_\_\_

**DIVISIONS:** *Please Circle*

Varsity Girls JV Girls MS Girls

Varsity Boys JV Boys MS Boys