



# VALLIANT BULLDOGS

## 2025 CROSS COUNTRY MEET

Date- Saturday August 23th, 2024

Location- 604 East Lucas Valliant, Oklahoma 74764

Parking- Will be on the east side of the basketball gym, south of the football field.

Time Schedule- 9:00 A.M. Coaches meeting

9:15

|           |               |           |           |
|-----------|---------------|-----------|-----------|
|           | Varsity Girls | 1.5 miles | 15 medals |
|           | Varsity Boys  | 2.5 miles | 15 medals |
| 7th/8th   | JH Girls      | 1 miles   | 15 medals |
|           | JH Boys       | 1 miles   | 15 medals |
| 4th-6th   | Girls         | 1 miles   | 15 medals |
|           | Boys          | 1 miles   | 15 medals |
| 3rd&under | Girls         | 1 mile    | 15 medals |
|           | Boys          | 1 mile    | 15 medals |

Races will start immediately after the previous race finishes. No Team trophies or score will be kept.

Entry Fees- Make checks payable to  
Valliant Track Attn: Patrick Nix  
604 Lucas St, Valliant OK 74764

\$80 per team varsity  
\$60 per team Junior High  
\$30 elementary per team  
\$15 per individual

**Contact Information- Patrick Nix 580-513-0071**

**[pnix@vpsd.org](mailto:pnix@vpsd.org)**

**Please email me a list of your entries by August 19th. If not, you can fill out information at the meet.**