Velma-Alma
Cross Country Invitational
(This meet is for Class 4A and smaller.)

Date: Tuesday, September 30th, 2025

Time: 4:30 pm

Location: Wildhorse Golf Course in Velma

ON-LINE ENTRIES- ON-LINE ENTRIES- Coaches must submit all entries on the Entries and Results website: www.entriesandresults.com. — NO ADDITIONAL ENTRIES AFTER THE DEADLINE.—ONLINE ENTRIES DEADLINE: (**** Monday, September 29th, 2025 ***) at noon. Complete ALL the steps on the "Entries Window". Make sure to "VERIFY". TEAMS WILL NOT BE ADDED AT THE MEET. If you need help with your Entries and Results™ account, please email your questions to jhughes@elginps.net.

www.entriesandresults.com has been loaded with your team roster from last cross country season. All you need to do is edit any changes from last season and add any new athletes for the 2025 season.

MEET TIMING & RESULTS- RFID Chip Timing for the meet is provided by 12:1 Running Timing Services. Live results are available at www.twelve1running.com.

Divisions- Varsity Girls and Boys, JV Girls and Boys
            Junior High Girls and Boys, 6th grade and under

Cost- $80 per team ($320 for all 4) $15 per individual
            JV is free IF Varsity competes, 6th grade is free IF Junior High competes

Medals & Awards: Top 25 in HS and JH races
                 Top 5 in JV races
                 Top 30 in 6th grade and under race

Race Schedule: 4:45-JH Girls-   1.6 miles
                  5:05-JH Boys-   2 miles
                  5:30-Varsity & JV Girls-   2 miles
                  5:50-Varsity and JV Boys-   3.1 miles
                  6:25- 6th grade & under-   1 mile

Race Times are approximate and the next race starts when the preceding race ends.

Mail Checks to: Velma-Alma High School
                Attn: Kenny Bare
                P.O. Box 8
                Velma, OK 73491

If you have any questions you can contact Golden Brown @ (580) 641-6753.