

Wright City Cross Country would like to invite you to participate in the Tristah McGowan Memorial Cross Country Meet to be held on Saturday August 16<sup>th</sup>. Entry fee will be \$80 per high school team, \$60 per junior high and elementary team, \$15 for an individual runner, \$270 if you are bringing all teams. We will award medals to top 15 finishers in each division. No team trophies. Time line will be as follows:

9:00 a.m.	Coach's meeting	
9:15	Varsity girls	2400 meters
9:35	Varsity boys	3200 meters
10:00	Junior high girls	1600 meters
10:15	Junior high boys	2400meters
10:30	Elementary girls 5 <sup>th</sup> -6 <sup>th</sup> grade	1600 meters
10:45	Elementary boys 5 <sup>th</sup> -6 <sup>th</sup> grade	1600 meters
11:00	Elementary girls 4 <sup>th</sup> grade & younger	1600 meters
11:15	Elementary boys 4 <sup>th</sup> grade & younger	1600 meters

MEET WILL BE HELD AT WRIGHT CITY RODEO ARENA. DIRECTIONS: FROM HIGHWAY 3 TURN SOUTH ON RODEO GROUNDS ROAD (BY SOUTH POLE STORE), RODEO GROUNDS WILL BE ON RIGHT APPROXIMATELY 1 MILE. FROM HIGHWAY 70, TURN NORTH ON HIGHWAY 98, WHEN YOU GET TO WRIGHT CITY TURN NORTH ON RODEO GROUNDS ROAD, RODEO GROUNDS WILL BE ON YOUR LEFT.

**ON-LINE ENTRIES**-Coaches must submit all entries on the Entries and Results website:

[www.entriesandresults.com](http://www.entriesandresults.com). — **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** — **ONLINE ENTRIES**

**DEADLINE:** (\*\*\*\* Friday August 15<sup>th</sup> \*\*\*\*) at noon. Complete ALL the steps on the "Entries Window".

Make sure to "VERIFY". **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your Entries and Results™ account, please email your questions to [jhughes@elginps.net](mailto:jhughes@elginps.net).

[www.entriesandresults.com](http://www.entriesandresults.com) has been loaded with your team roster from last cross country season. All you need to do is edit any changes from last season and add any new athletes for the 2025 season

**MEET TIMING & RESULTS**-RFID Chip Timing for the meet is provided by **12:1 Running Timing Services**. Live results are available at [www.twelve1running.com](http://www.twelve1running.com).

CONTACT INFORMATION: JOHNNY CRABTREE 580-212-6062, [jcrabtree@wcisd.org](mailto:jcrabtree@wcisd.org)

MAIL CHECKS TO WRIGHT CITY CROSS COUNTRY ATTN: JOHNNY CRABTREE, P.O. BOX 329 WRIGHT CITY OK. 74766