



Alva Goldbug Cross Country Invitational Saturday, August 22



We are excited to invite you to the
5th Annual Alva Goldbug Cross Country Invitational meet!

Date: Saturday, August 22

Location: Alva Recreational Complex- 1187 Goldbug Blvd., Alva, OK

Entry Fees: \$80 - High School Division
 \$65- Middle School Division
 \$10- Individual Runner

Please make checks payable to Alva High School Athletics

ON-LINE ENTRIES- Coaches must submit all entries on the Entries and Results website:

www.entriesandresults.com . – **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.**

–**ONLINE ENTRIES DEADLINE:** Friday, August 21 at noon.

Complete ALL the steps on the “Entries Window”. Make sure to “VERIFY”. **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your Entries and Results™ account, please email your questions to jhughes@elginps.net .

www.entriesandresults.com has been loaded with your team roster from last cross country season. All you need to do is edit any changes from last season and add any new athletes for the 2025 season

MEET TIMING & RESULTS- RFID Chip Timing for the meet is provided by **12:1 Running Timing Services**. Live results are available at www.twelve1running.com .

Awards: The top 20 of each division will be medaled.

<u>Schedule:</u>	7:30 AM- Coaches Meeting	
	8:00 AM- High School Boys	5k
	8:30 AM- High School Girls	2 miles
	9:00 AM- Middle School Boys	1 Mile
	9:30 AM- Middle School Girls	1 Mile
	10:00 AM- Elementary	Map to come later

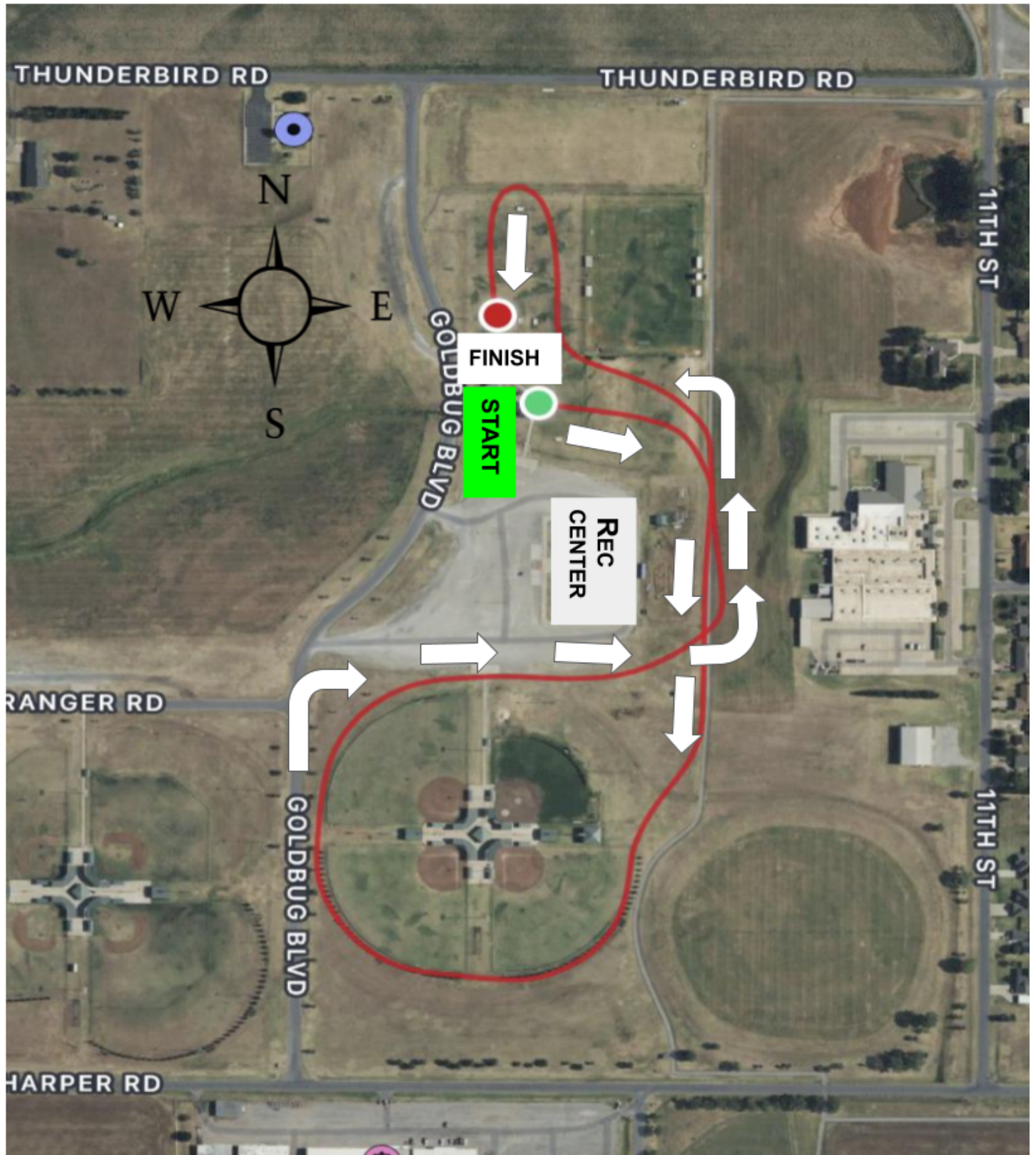
*Each race will begin at the conclusion of the previous race, times are an estimate.

Contact Information:

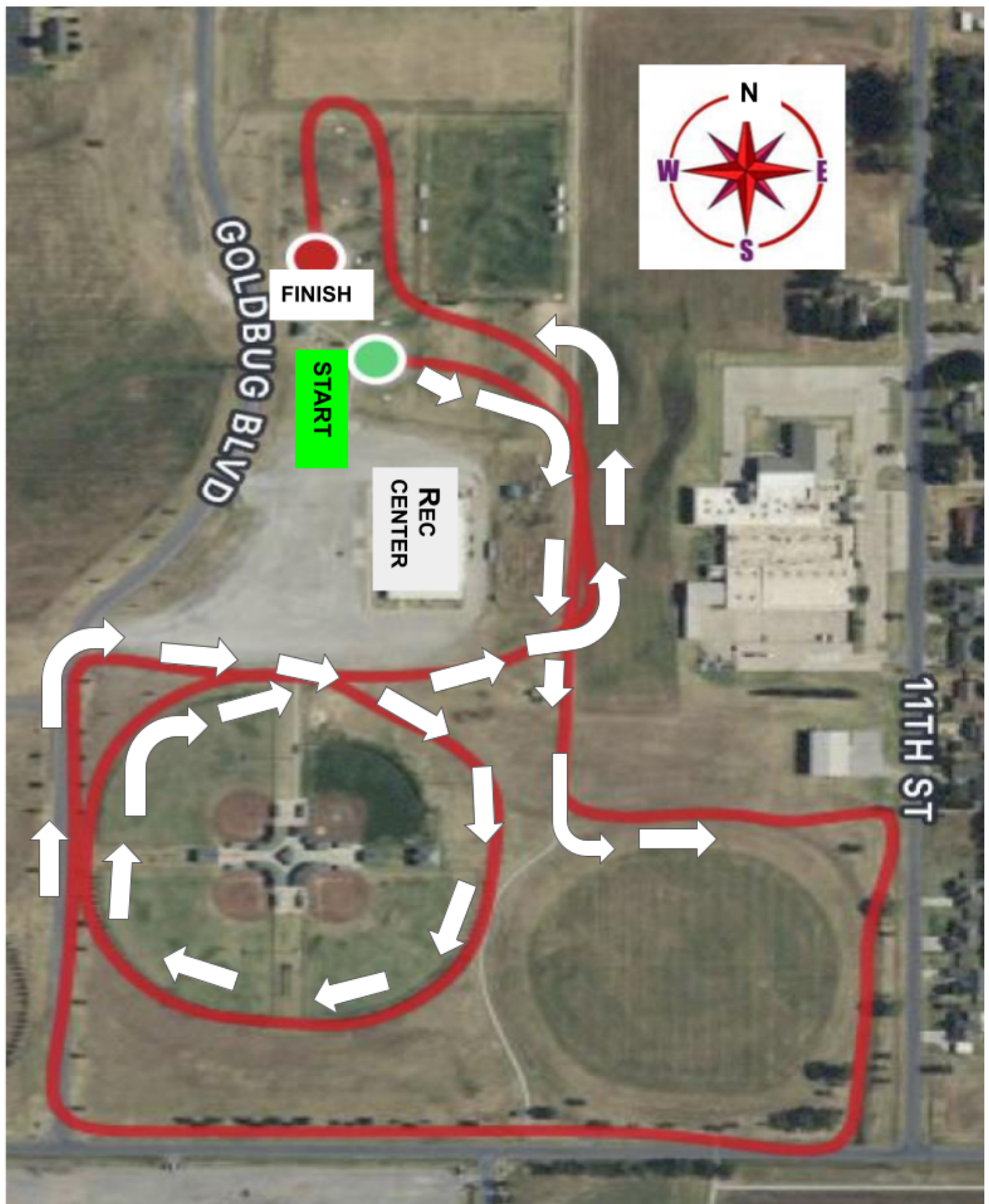
Mary Tyree	580-829-2080
Kaye Christensen	620-886-0112

mltyree@alvaschools.net
jchristensen@alvaschools.net

JH BOYS AND GIRLS 1 mi



HS Girls 2 mi.



HS Boys 5k

