



Carl Albert State College / Poteau HS/MS 8th Annual Open XC Meet

Date: Friday, August 28th, 2026

Location: Carl Albert State College (close to baseball and softball fields)
1507 South McKenna St. Poteau, OK 74593

Schedule: Packet & Course maps available 7:15am @ check-in station

Race	Time	Distance
College Men	8:00am	8k
College Women	8:45 am	5k
HS Boys Varsity/JV	9:30 am	5k
HS Girls Varsity/JV	10:00 am	2 miles
MS Boys	10:30 am	2 miles
MS Girls	11:00 am	2 miles

Awards: Custom Medals – Top 20 runners HS and MS runners
College runners will have medals for top 3
Plaques will be awarded to first place team in each race

Scoring: All divisions will be unlimited runners but will score top 7 finishers. Please enter athletes on directathletics.com JV and Varsity runners will run together. Top 7 will be scored for varsity only. No JV team scores will be given.

Fees: \$100 for college teams (if team is less than 5 runners \$20 per individual)
\$100 for HS/Varsity/JV teams (if team is less than 5 runners \$20 per individual)
\$100 for MS team (if team is less than 5 runners \$20 per individual)

Please make checks payable to Carl Albert State College Cross Country. If you are paying for individual runner and not teams you will have to pay for all the names you enter on Direct Athletics even if runners do not show up. If you sign up a team and they do not all come you will still have to pay for the team. This is what I get charged for by the timing company.

Entry: Please complete meet entries on directathletics.com. Email or call me if you have issues. Entry deadline will be Tuesday, August 25th @ 4:00pm.

Contact: Kristin Snyder CASC XC Coach
School: 918-647-1456
Cell: 918-775-0773
Email: kjsnyder@carlalbert.edu