

Coaches,

I would like to have your athletes at Hanna August 21st for a **practice meet with awards**. All 3A and below schools are welcome.

Our course is a low level intensity course. The High School Girls down to elementary will do one lap (1 mile) and the High School Boys will do two laps (2 miles). We are land locked so the course is entirely on school property.

We will give 15 medals to each of the following divisions. This will be an excellent early season meet to help your athletes prepare and get excited for the season.

Coaches meeting @ 9:00 1st race at 9:00 am.

High School Girls	\$55 team or \$15 individual
High School Boys	\$55 team or \$15 individual

Jr. High Girls	\$50 team or \$15 individual
Jr. High Boys	\$50 team or \$15 individual

Elementary Girls 6 th and Below	\$50 team or \$10 individual
Elementary Boys 6 th and Below	\$50 team or \$10 individual

Make checks payable to Hanna Cross Country

Please email or text me so we know who we have coming by August 17th

Parking: In front of the gym on 2nd street, all visitors & teams must walk across campus to the baseball field on 3rd street. Restrooms will be located in the school, access on the North Entrance. 3rd street will be Blocked with no access to the field area. Please do not come down 3rd street and please make sure your fans/parents know.

When runners finish the race-water will be available to them.

Please contact me with any questions

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