

HERITAGE HALL XC INVITATIONAL



DATE: _____
SATURDAY, SEPT. 26



RACE SCHEDULE

- 7:30 AM – Coaches Meeting
- 8:00 AM – High School Boys 5K
- 8:30 AM – High School Girls 2 Miles
- 9:00 AM – Middle School Boys 2 Mile
- 9:30 AM – Middle School Girls 1.5 Mile
- 10:00 AM – Elementary 1 Mile



AWARDS

- Custom Medals – Top 25 in each race.
- Plaques will be awarded to the 1st place team in each division.
- No plaques for elementary, just medals for top 15 and ribbons for all runners.



FEES

- \$100 for each gender team (5 or more runners)
- \$175 if your school has both girls and boys teams
- \$15 per Individual (limited to 4 individuals)
- \$5 per elementary runner (6th and under)



PAYMENT INFO

Make all checks payable to:

Heritage Hall Athletics
Heritage Hall Cross Country

Attn: John Champney

1800 NW 122nd Street
Oklahoma City, OK 73120



ENTRY INFO

- Submit all entries on Athletic.net.
- Deadline is the day before the meet at noon.
- Make sure to enter your athletes into the correct race.
- If you need assistance, contact cara@runenduro.com
- Coaches need to email Coach Champney at jchampney@heritagehall.com to confirm their attendance.

BUILT ON TRADITION.
DRIVEN BY EXCELLENCE.