

MUSKOGEE CROSS COUNTRY INVITATIONAL

DATE: Thursday, September 10th, 2026

TIME: Packet pickup will begin at 2:45 pm. First race starts at 3:30 pm.

LOCATION: Love Hatbox Sports Complex. 640 S 40th St, Muskogee Ok.

Entries: All team entries must be completed online - Coaches must submit all entries on the Entries and

Results website: www.entriesandresults.com. — NO ADDITIONAL ENTRIES AFTER THE

DEADLINE. Complete ALL the steps on the “Entries Window”. Make sure to “VERIFY”. TEAMS WILL

NOT BE ADDED AT THE MEET.

Questions related to your roster, email martin@i40raceservice.com

Entry deadline is Tuesday, September 8th at 5:00 PM.

For any entries or roster change questions, contact martin@i40raceservice.com

DIVISION Varsity/JV High School Boys, Varsity/JV High School Girls, & MS Boys (**8th grade and under**

only), MS Girls (**8th grade and under only**). Elementary Boys and Girls together (**5th grade and below**)

ENTRY FEE: High School Teams / \$75 per team (\$150 for both Boys & Girls). Junior Varsity-Free with

Varsity Entry-Unlimited entries, Elementary \$30 Per team

Middle School Teams(**8th grade and under only**) / \$35 per team (\$70 for both Boys & Girls).

Individual runners / \$10 each.

****If entering 2 High School teams & 2 Middle School teams / \$200 Total.***

Course: The course will be a flat course, very spectator friendly, that consists of 1 big 2-mile loop, then a

smaller 1-mile loop for high school and 1 big 2-mile loop for middle school.

Restrooms: There will be indoor restrooms and porta potties will be available

Timing/Scoring: We will have computer timing and scoring at the finish line.

There will be 20 medals awarded in each race.

Start times:

3:30 Elementary Boys and Girls 1 mile

4:00 Varsity/JV Girls 5k

4:30 Varsity/JV Boys 5k

5:00 MS Girls 2 mile

5:30 MS Boys 2 mile

This will be a rolling schedule, so races times are approximates. Races may start 5-10min earlier if the course

is clear for next race

Craig Perry

Head Cross Country Coach

Cell: (620) 926-2500

Email: craig.perry@roughers.net

PAYMENT: You can have checks made out to Muskogee Athletics and mail payment or bring check the day of

the race. Mailing Address Muskogee Athletics- 3200 E Shawnee Rd Muskogee, OK 74403