



CROSS COUNTRY

High School, Junior High, & Elementary XC Invitational

DATE: Thursday, September 17th 2026

PLACE: O'Brien Park, 6149 N Lewis Ave, Tulsa OK 74130

STARTING TIMES:

2:30 pm - 5th & 6th Girls 1 Mile (unlimited entries)

2:00 pm - 5th & 6th Boys 1 Mile (unlimited entries)

3:30 pm - Junior High Girls Junior Varsity - 1.5 Mile (unlimited entries)

4:00 pm - Junior High Boys Junior Varsity - 1.5 Mile (unlimited entries)

4:30 pm - Junior High Girls Varsity - 1.5 Mile (7 Runner Limit)

5:00 pm - Junior High Boys Varsity - 1.5 Mile (7 Runner Limit)

5:30 pm - High School Girls Junior Varsity 5k (unlimited entries)

6:10 pm - High School Boys Junior Varsity 5k (unlimited entries)

6:50 pm - High School Girls Varsity 5k (7 Runner Limit)

7:20 pm - High School Boys Varsity 5k (7 Runner Limit)

TEAM AWARDS: 1st and 2nd place custom plaques for **Varsity** girls and boys and **Junior High** girls and boys. No team scores for the Elementary races.

INDIVIDUAL AWARDS: Custom medals for top 20 finishers in **ALL** races...JV and 5th/6th grade included.

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RESTROOMS AND DRESSING: Park bathrooms available. Port-o-potties near the start line.

CONCESSIONS: Concessions will be available near the start line.

ENTRIES: \$120 Varsity Girls, \$120 Varsity Boys, \$80 JH Girls, \$80 JH Boys, \$10 per elementary individual. For High School and Junior High teams, \$10 per individual runner, if under 5 runners. JV is free with Varsity entry. Only accredited OSSAA schools accepted. Runners must compete for a school team. No Club teams or Club individuals please.

PLEASE SEND ENTRY FEES TO:

Owasso Athletic Department
12901 E. 86th Street North
Owasso, OK 74055
918-272-1867

REGISTRATION: DEADLINE IS WEDNESDAY, SEPTEMBER 16th at 5:00pm. Entries after the deadline will NOT be allowed...NO EXCEPTIONS.

ON-LINE ENTRIES: Online entries will be on MileSplit:

For High and Junior High Teams:

<https://ok.milesplit.com/meets/764355-owasso-xc-invitational-2026>

For Elementary Teams and Runners: <https://forms.gle/mm8iB3mTHQchDgJSA>

HIGH SCHOOL and JUNIOR HIGH: Please email your questions to: josh@crossroadstiming.com
You do NOT need to designate varsity or JV during registration. Enter all athletes who you plan to run.

5th/6th GRADE ELEMENTARY: Please email your questions to: blake.collins@owassops.org

COURSE: The course has rolling hills but is fast, and very coach and spectator friendly.

WATER: Bottled water will be provided for each runner at the finish line but not for each camp.

EMERGENCIES: School trainers will be onsite in case of emergencies. Please make sure your athletes are hydrated before coming to the meet.

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SPECTATOR PARKING: Park entrance for spectators will be off 66th st. North. We will have one way traffic to ease traffic jams. Spectators will exit off of Birmingham Ave to 61st on the south side of the park. We will have ropes and cones blocking Birmingham Ave, near the course.

Please email or text Coach Collins with any questions:

blake.collins@owassops.org

(918) 698-9481



BUS PARKING: Buses will enter from 66th street north then travel south on Birmingham Ave. Buses will park nose to tail on Birmingham then exit the park on Lewis ave on the west side of the park.

BUS PARKING MAP:



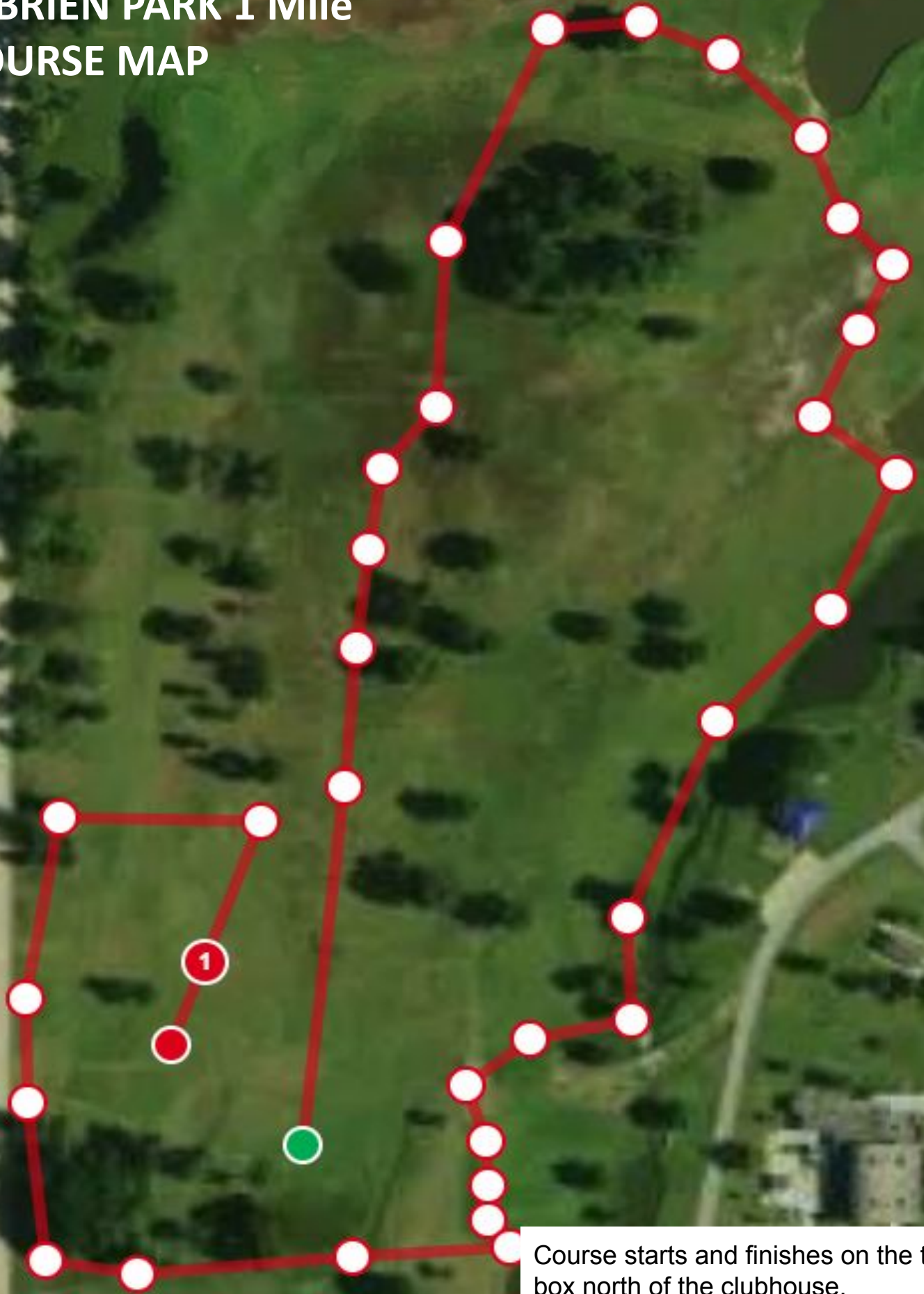
O'BRIEN PARK 5K COURSE MAP

North

Course starts and finishes on the tee box north of the clubhouse. 5k is a two lap course. 1.5m is a one lap course.



O'BRIEN PARK 1 Mile COURSE MAP



Course starts and finishes on the tee box north of the clubhouse.