



PRYOR

SHORT TRACK XC INVITE

FRIDAY SEPTEMBER 18 2026

SCHEDULE

- 8:00AM COACH MTG
- 8:30AM HS GIRLS 5K
- 9:00AM HS BOYS 5K
- 9:30AM MS GIRLS 2MI
- 9:50AM MS BOYS 2MI

XC COURSE INFO

- A FLAT FAST EUROPEAN STYLE SHORT TRACK 1 MILE LOOP WITH WIDE TURNS. PERFECT FOR SPECTATORS.

AWARDS

- TOP 15 GIRLS & BOYS IN EACH RACE
- 1ST PLACE TEAM HS GIRLS & HS BOYS
- 1ST PLACE TEAM MS GIRLS & MS BOYS

LOCATION

- PRYOR HIGH SCHOOL XC COURSE: 1100 SE 9TH STREET, PRYOR, OK 74361, THE CORNER OF 9TH AND OKLAHOMA ST

MEET DIRECTOR

- PHS/PJH BOYS COACH:
JAMIE NOFSINGER
NOFSINGERJ@PRYORSCHOOLS.ORG

TIMING PROVIDED BY

- CROSSROADS TIMING

REGISTRATION

- REGISTER YOUR ENTRIES ON [OK.MILESPLIT.COM](https://ok.milesplit.com) TO COMPETE! THE DEADLINE IS WEDNESDAY, SEPT. 16 AT 5:00PM. AT THE COACHES MEETING, YOU WILL RECEIVE A PACKET WITH BIBS/CHIPS AND A ROSTER. ATHLETES MUST WEAR THE CORRECT BIB TO GET A RESULT.

ENTRY FEES (CHECKS/PO'S PAYABLE TO PRYOR SCHOOLS)

- HS - \$90/GENDER (\$180 FOR BOTH GIRLS & BOYS TEAMS)
- MS - \$50/GENDER (\$100 FOR BOTH GIRLS & BOYS TEAMS)
- INDIVIDUAL - \$15/EACH (IF < THAN 5)