

OKLAHOMA CROSS COUNTRY-TRACK COACHES ASSOCIATION
ALL STAR NOMINATION FORM

Qualification for OCCTCA All-Star CC Team:

1. **Senior Athletes only.**
2. Athlete must be nominated by school's coach or representative
3. Coach or school representative must be a current paid member of OCCTCA
4. 10 girl athletes and 10 boy athletes selected from each class
5. Selections based solely on state meet placing. Top 10 Seniors to place in each state meet race are eligible to receive honors pending coach's nomination. (This honor is in conjunction with or in addition to those selected as OCA All-Staters.) *This is **not** the Meet of Champion nomination form. Those athletes will be selected separately.*
6. Honorees will receive a certificate confirming their selection from the OCCTCA. The honorees may, *at their own expense*, order an all-star jacket and/or all-star ring. (check www.ohstrack.com website for more information)
7. Hardship recipients: two athletes per class, who for various reasons are unable to finish as a top 10 senior finisher, will be considered by the committee as additional honorees in each class. Reasons may include, but are not limited to: injury, illness, death in family or other situations that inhibit or prevent the athlete's opportunity to compete or finish the state cross country championship race.

DEADLINE FOR NOMINATIONS WILL BE NOVEMBER 10, 2020

Name _____ Class (2A,3A,4A,5A,6A) _____

School _____ Placing (State Meet) _____

Time (State Meet) _____ Coach _____

Address of School: _____ City _____ Zip _____

Phone # of coach: _____

Hardship (please explain) _____

Send to: Tim Palesano
8590 West Waterloo Road, Edmond, OK 73025
or
Email- tpalesano@gmail.com
Phone- (580)330-2292