



2024 OCA Summer Clinic Speakers

Monday, July 22

- 9:00- 9:50am TRK - Jason Schroeder, Pauls Valley
Developing Competitive Distance Runners
- 10:00- 10:50am TRK - Ron Jones, Cleveland
Psychology of Sports
- 11:00- 11:50am TRK - Shawna Dial, Jenks
Developing Recrutable Athletes
- 1:00- 1:50pm TRK - Bobby Wortham, Marlow
Having a Successful Program

Tuesday, July 23

- 9:00- 9:50am TRK - Living Legends: Jim Blevins & Jim Coleman
- 10:00- 10:50am TRK - Jeremy McKinney, Cleveland
Program Building
- 12:00- 12:50am OCCTCA Board & Advisory Board
Round Table Discussion
- 1:00- 1:50pm OCCTCA Business Meeting
- 2:00- 2:50pm OSSAA Cross Country Rules Meeting

**All meetings will take place in- Marriott Council Oak Salon A*



OCCTCA Board & Advisory Board Meeting Agenda
Tuesday, July 23, 2024
Marriott Southern Hills, Council Oak Salon A- 12pm

NOTE: The OCCTCA Board may discuss, vote to approve, vote to disapprove, vote to table or decide not to vote on any item on this agenda.

1. Call to Order
2. Verify the posting of the meeting notice, agenda and verify a quorum (roll call)
3. OCCTCA Round table discussion, if anyone has anything that they'd like to add to the New Business during the Business Meeting.
4. Advisory Committee Meeting, open discussion.



OCCTCA Business Meeting Agenda

Tuesday, July 23, 2024

Marriott Southern Hills, Council Oak Salon A- 1pm

NOTE: The OCCTCA Board may discuss, vote to approve, vote to disapprove, vote to table or decide not to vote on any item on this agenda.

5. Call to Order
6. Verify the posting of the meeting notice, agenda and verify a quorum (roll call)
7. Consent Agenda
 - a. Minutes of May 31, 2024 Board Meeting
 - b. Approve the financial report
8. Recognize OCCTCA Scholarship Recipients and their coaches.
9. Recognize XC Coach of the Year 2023
10. Coach of the Year Selection: Track 2024
 - a. Men's
 - b. Women's
11. Advisory Committee
 - a. New application/ election process, elections by class.
 - b. Job responsibilities & expectations
 - c. Positions up for selection:
 - i. Men's Cross Country 6A, 5A, 4A, 3A, 2A, A
 1. Application link is posted on the OHStrack Website, applications close July 31, 2024 (12:00pm).
 2. Election links will be posted on the website August 5-14.
 - ii. Women's Cross Country (A)
 - iii. Men's Track (4A)- Winter Selection
 - iv. Women's Track (3A)- Winter Selection
12. OSSAA Update
 - a. Cross Country
 - i. Class A added
 - ii. Regionals October 26, 2024
 1. 5A/6A: Mustang/Owasso
 2. 4A/3A/2A/A:
 - a. 4 Sites



- b. 3 Class rotation, hosting school's class will run first.
 - iii. State November 2, 2024 at Edmond Santa Fe
 - iv. Oklahoma-Arkansas All-Star Cross Country November 16, 2024 at Broken Arrow
 - b. Track & Field
 - i. Regional meets ran as Timed Finals approved by OSSAA Board.
13. New Business
14. Adjournment