

TURPIN CARDINAL TRACK

316 S. Lee
PO Box 187
Turpin OK 73950
Bret Rider – brider@turpinps.org
Joe Garrison – jgarrison@turpinps.org



H.S. Office: (580) 778-3333
Fax: (580) 778-3179
Website – www.turpinps.org
Shon Zollinger – szollinger@turpinps.org
Lance Robinson – lrobinson@turpinps.org

February 24, 2011

Turpin School will be hosting a **5th-6th and 7th-8th Grades meet on March 28, 2011** and a **Senior High track meet on April 1, 2011**. These meets will be sanctioned by the OSSAA, and all regulations set forth by the OSSAA will apply. The meets will be **FINALS ONLY** meets.

Turpin School will furnish starting blocks, and tennis ball markers for relay, pole vault, and long jump marks (***no tape, please***); ¼” or shorter spikes required.

We will allow “B” athletes or teams at no cost, but they will not point or medal unless you wish to pay an additional entry fee. “B” athletes must declare they are “B” when signing up for an event. Please limit your “B” entries to 3 per individual event and 1 relay team per relay event, unless you have special permission by Coach Garrison or Coach Zollinger. Please do not allow an athlete to participate in both divisions.

A concession stand with a large variety of foods will be available to athletes and fans. We will have a Hospitality Room for Coaches and Bus Drivers Only.

Please notify us by email or phone call if you plan to attend; that way we have a contact in case of inclement weather.

We would like all teams attending to download a prepared roster worksheet, complete, and email back to us at brider@turpinps.org. The worksheet can be downloaded at our school web site, www.turpinps.org under **Athletics – Sports – Track - Forms**. This will help our people working the press box, and save time getting out results to be posted and sent to area newspapers. An **order of events** for both meets can be downloaded from the same site.

Senior High Meet

Date: April 1, 2011

Divisions: High School (9-12)

Cost: \$70 per High School team (\$140 Boys & Girls), \$20.00 per individual, if less than four members on a team.

Coaches Meeting: 12:30 p.m. in front of Concession Stand

Start Time: 1:00 p.m.

Elementary and Junior High Meet

Date: March 28, 2011

Divisions: Elementary (5-6), Junior High (7-8)

Cost: \$50 per team (\$100 Boys and Girls) per division, \$200 for all 4 teams, \$15.00 per individual, if less than four members on a team.

Coaches Meeting: 10:30 a.m. in front of Concession Stand

Start Time: 11:00 p.m.

Turpin HS Relays

April 1, 2011

12:30 p.m. Coaches Meeting, Concession Stand

1:00 p.m. **FIELD EVENTS**

Boys Pole Vault	followed by Girls Pole Vault
Boys Discus	followed by Girls Discus
Girls Shot Put	followed by Boys Shot Put
Boys High Jump	followed by Girls High Jump
Girls Long Jump	followed by Boys Long Jump

1:00 p.m. **3200 Relay** Girls, Boys

2:00 p.m. **FINALS**

400 Relay	Girls, Boys
100 H. Hurdles	Girls (33")
110 H. Hurdles	Boys (39")
3200 Run	Boys
800 Relay	Girls
800 Run	Girls, Boys
100 Dash	Girls, Boys
3200 Run	Girls
400 Dash	Girls, Boys
300 I. Hurdles	Girls (30")
300 I. Hurdles	Boys (36")
200 Dash	Girls, Boys
1600 Run	Girls, Boys
1600 Relay	Girls, Boys

Turpin Junior Relays

March 28, 2011

10:30 A.M. Coaches Meeting (concession stand)

**11:00 A.M. Field Events
Shot and Discus - 3 throws
Long Jump - 3 jumps**

**Long Jump – East Pit.....5/6 girls-5/6 boys
Long Jump – West Pit.....7/8 boys-7/8 girls
High Jump – East Pit.....5/6 boys-5/6 girls
High Jump – West Pit.....7/8 boys-7/8 girls
Discus – South Ring.....5/6 boys-5/6 girls
Discus – North Ring.....7/8 boys-7/8 girls
Shot Put – South Ring.....7/8 girls-7/8 boys
Shot Put – North Ring.....5/6 girls-5/6 boys
Pole Vault7/8 girls-7/8 boys**

11:00 A.M. 3200 M Relay.....7/8 girls-7/8 boys

12:00 Running Events-Timed Finals

**100 Meter Hurdles.....5/6 girls-boys-7/8 girls
110 Meter Hurdles.....7/8- boys
400 Meter Relay.....5/6 girls-boys-7/8 girls-boys
800 Meter Run.....7/8-girls-boys
100 Meter Dash.....5/6-girls-boys-7/8-girls-boys
800 Meter Run.....5/6-girls-boys
800 Meter Relay.....5/6-girls-boys-7/8-girls
400 Meter Run.....5/6-girls-boys-7/8-girls-boys
300 Meter Hurdles.....7/8 girls-boys
200 Meter Dash.....5/6-girls-boys-7/8-girls-boys
1600 Meter Run.....7/8-girls-boys
1600 Meter Relay.....5/6-girls-boys-7/8-girls-boys**