



Altus High School
Athletic Department
400 N. Park Avenue
Altus, Oklahoma 73521
(580) 481-2648

Dear Girls and Boys Track Coach:

On **April 24th, 2014** Altus High School will be hosting the Altus Invitational Track and Field Meet. This year the meet will be **2 divisions, boys and girls.** If you wish to have any B team or JV runners, they will be placed in the last heats.

Trophies will be awarded to the Champion and Runner-up in each Division. National Federation Rules for Track and Field will be used. Medals will be given to the top three places in each division.

Please plan on attending our meet. I promise a good meet and a fun time for all!!!!!!

Entry Fee \$ 100.00 Boys
\$ 100.00 Girls
\$190 for Both
\$10.00 for Individual

Mail to: Altus High School
400 N. Park Avenue
Altus, Okla. 73521
Attn: Athletic Dept.

If you have any question, please feel free to call Robert Garrison(rgarrison@altusps.com) at School, (580) 481-2173) or home (580) 481-0327;Jay Benway (jbenway@altusps.com) at School, (580) 481-2539 or home (580) 471-2987;or the Athletic Director Jeremy Reed(jreed@altusps.com) at (580) 481-2647.

Sincerely, Jay Benway and Robert Garrison, Altus Track Coaches

School _____

Will Attend _____ Will not attend _____

Boys Division _____ Girls Division _____

Name of Head Coach _____ Number of Asst. Coaches _____



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Altus Invitational Track Meet - Schedule of Events
Friday, April 24th, 2014

Coaches Meeting: 8:45 a.m.

Field Events: 9:00 a.m.

High Jump	Boys, Girls
Long Jump	Girls, Boys
Pole Vault	Girls, Boys
Shot Put	Boys, Girls
Discus	Girls, Boys

Timed Finals: 9:30 a.m.

400 Meter Relay	(Girls . Boys)
3200 Meter Relay	(Girls . Boys)
100 Meter Hurdles	(Girls)
110 Meter Hurdles	(Boys)
3200 Meter Run	(Girls-Boys)
800 Meter Relay	(Girls-Boys)

(proposed 20 minute break)

400 Gravitational Challenge Relay (In Weight Event or 200 lbs plus) (if time)

800 Meter Run	(Girls-Boys)
100 Meter Dash	(Girls . Boys)
400 Meter Dash	(Girls . Boys)
300 Meter Hurdles	(Girls- Boys)
200 Meter Dash	(Girls . Boys)
1600 Meter Run	(Girls- Boys)
1600 Meter Relay	(Girls . Boys)