

28th ANNUAL ANADARKO TRACK

Jr. High School INVITATIONAL

COACHES: ONLY 4A SCHOOLS AND BELOW

Anadarko Public Schools would like to invite you to the 28th Annual Anadarko Jr. High Track Meet held on Thursday April 9, 2015. All field events will be finals. All running events will be timed finals.

ENTRY FEE: \$75.00 PER DIVISION; \$300.00 FOR ALL FOUR DIVISIONS.

TIME: 9:00a.m. Coaches Meeting; 9:30 field Events start; 10:00 running events start.

DIVISIONS: (4) 7th & Jr. High 8th and 9th GIRLS 7th & Jr. High 8th and 9th BOYS

TROPHIES: Team trophies will be awarded to the Champions and Runner-Ups of each Division.

AWARDS: Individual places for; 1st, 2nd, 3rd, 4th, 5th on each event (not relays).

POINTS: 10-8-6-4-2-1

EQUIPMENT: Starting Blocks will be furnished. Spikes should be ¼ inch in length.

FIELD EVENTS: 3 throws, jumps or Qualifying Mark. There will be Pole Vaulting boys & girls.

EVENTS: Athletes will be limited to 4 events including relays. Each school will be permitted to enter three (3) athletes per team in individual events and (1) team in each relay.

HEATING ASSIGNMENTS: Athletes will be heated by time. Each athlete will draw for lane assignments.

PLACE YOUR BEST RUNNERS UP FRONT.

OKLAHOMA SECONDARY SCHOOL RULES WILL APPLY.

The "NO FALSE START" Rule will apply.

ADDITIONAL INFORMATION: All camps will set up outside of the roped off area surrounding the track.

Teams will be provided with trash bags to ensure cleanliness in the camping area and track facility.

Concessions will be available. Dressing facilities are not provided. Restrooms will be open between the Indoor Baseball and Softball field. Warm up area will be allowed in the infield of the track.

WE WILL NEED HELP IN RUNNING THE MEET OFF AND ALL HELP WILL BE APPRECIATED.

ENTRY FEE: \$ 75.00	PER TEAM	ANADARKO HIGH SCHOOL
\$ 300.00	ALL FOUR DIVISIONS	1400 WARRIOR DRIVE
\$15.00	PER INDIVIDUAL	ANADARKO OK. 73005
ATHLETIC DIRECTOR	405 933-2245 405 247-2486	KENT JACKSON
	405 247-2496	MIKE WILLIAMS
	405 933-1034	KEITH SHAULL

All events will be; 7th Girls, 7th Boys, 8th Girls, 8th Boys

FELD EVENTS: 9:30

RUNNIG EVENTS: 10:00

SHOT PUT 7th GIRLS

100m HURDLES (girls)

800m RELAY (girls) (boys)

DISCUS 7th BOYS

110m HURDLES (boys)

300m HURDLES

LONG JUMP 8th GIRLS

3200m RELAY

200m

HIGH JUMP 8th BOYS

400m RELAY

1600m

POLE VAULT (GIRLS) (BOYS)

800m

1600m RELAY

100m

Top six (6) teams will be in the 1st

400m

Heat.

IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CALL.

MIKE WILLIAMS

(405) 247-2496

EAST GRADE

(405) 933-3371

Coach Williams

(405) 247-5633

HOME