

# ***Bristow High School***

## **Athletic Department**

**Floyd Robinson** – Activities Director  
808 N. Ash, Bristow, Oklahoma 74010  
(918) 367-2241 \*\* Fax (918) 367-5849

## ***Bristow Freshmen Meet***

**Monday April 6th , 2015**

On behalf of the Bristow Public School System, we extend to you and your teams a sincere invitation to participate in our Freshmen Track and Field Meet. The following will give you the information you need for the meet. This will be a timed final meet.

**Limited to 12 Teams!!!**

**Entry Fee:** \$60.00 for each boys and girls team. \$10.00 per individual if less than four (4) members on a team. NO REFUNDS.

**Time:** All teams report to Bristow Football Field by 3:00 p.m. for coaches meeting. All events will begin at 3:30 p.m.

**Divisions:** There will be two divisions  
9<sup>th</sup> grade boys/girls

**Medals:** Awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places in all events.

**Trophies:** Awarded to 1<sup>st</sup> and 2<sup>nd</sup> place teams in all divisions.

**Team Points:** Awarded to 1<sup>st</sup> thru 6<sup>th</sup> places (10-8-6-4-2-1) in individual events and in relays (20-16-12-8-4-2).

**Equipment:** Bristow will furnish all starting blocks to contestants. ¼" or shorter spikes are required.

**Participants:** Each school can only enter 3 athletes in each event.

*Oklahoma Secondary School Association Rules Apply*

We hope that you and your teams can be with us for this track meet.

**Contacts:**

**Shannon Hilburn – H. S. Track Coach**  
Email ó [shilburn@bristow.k12.ok.us](mailto:shilburn@bristow.k12.ok.us)

# **Bristow Freshmen Track Meet**

## **Schedule of Events**

### **Field Events**

|           |            |         |
|-----------|------------|---------|
| 3:30 p.m. | High Jump  | 9B, 9G  |
|           | Long Jump  | 9G, 9B  |
|           | Shot       | 9B, 9G  |
|           | Discus     | 9G, 9B, |
|           | Pole Vault | 9G, 9B  |

### **Time Finals**

|           |               |             |
|-----------|---------------|-------------|
| 3:30 p.m. | 400 Relay     | Girls, Boys |
|           | 3200 Relay    | Girls, Boys |
|           | 100 Hurdles   | Girls       |
|           | 110 Hurdles   | Boys        |
|           | 800 Relay     | Girls, Boys |
|           | 800 Run       | Girls, Boys |
|           | 100 M Dash    | Girls, Boys |
|           | 400 M Dash    | Girls, Boys |
|           | 300 M Hurdles | Girls, Boys |
|           | 200 M Dash    | Girls, Boys |
|           | 1600 Run      | Girls, Boys |
|           | 1600 Relay    | Girls, Boys |