PO Box 410 Ramona, OK 74061 (918) 536-2500 FAX: (918) 536-7105 www.caneyvalleyschool.org



Caney Valley Public Schools

Serving the Ochelata, Oglesby, Ramona, and Vera communities

1/5/15

Coaches:

On behalf of Caney Valley School, I would like to invite you to participate in our Junior High boys and girls track meet to be held on Tuesday, March 10, 2015.

Entry Fee:	\$60.00 for each boys and girls team in each grade, or \$10.00 per individual if less than four participants.
Time:	Coaches meeting at 9:30 a.m. Meet begins at 10:00 a.m.
Limitations:	Each contestant is limited to four events including relays. Each school is limited to three entrants in each event and one team per relay. Three throws will be given in the shot and discus and three jumps in the long jump.
Divisions:	7 th Boys; 7 th Girls; 8 th Boys; 8 th Girls
Medals:	Medals will be awarded to the top four places.
Team Points:	Individual events will be pointed to the top six places as follows: 10-8-6-4-2-1. Relays will be pointed to the top six places as follows: 20-16-12-8-4-2.
Equipment:	3/16 inch spikes or smaller required.
Hosp. Room:	Will be provided for coaches.
Please notify me as soon as you know you will be able to attend. Forward entry fees or POs to Caney	

Check the website <u>www.caneyvalleyschool.org</u> or call if inclement weather is possible for further information.

Travis Lashbrook

Valley.

Middle School Principal/Athletic Director 918-536-7105 (office) 918-440-6052 www.caneyvalleyschool.org