

CATOOSA JR HIGH TRACK CLASSIC
7TH-8TH BOYS AND GIRLS
MONDAY APRIL 6TH 2015

On behalf of the Catoosa public school system we extend to you and your Teams an Invitation to participate in our Junior High school boys and girls track and Field meet. the following will give you the information you need for this meet.

**SCHOOLS PLANNING TO ATTEND THIS MEET MUST
SUBMIT THERE ROSTERS TO TRACKROSTER.COM
TO ENTER YOU MUST COMPLETE STEPS 1-5 FOR "ROSTER ENTRY"
MEET. THE DEADLINE DATE IS APRIL 5TH.**

ENTRY FEE: \$75.00 for each boys and girls team. \$7:00 per individual if less than 4 members on a team. NO REFUNDS. Make checks payable to Catoosa HS 2000 South Cherokee Catoosa OK 74015 Attn: Mike Mobra

TIME: ALL TEAMS REPORT TO CATOOSA FOOTBALL FIELD BY 2:00 PM FOR COACHES MEETING. FIELD EVENTS WILL BEGIN AT 2:30 PM AND ALL RUNNING EVENTS AT 2:30 PM.

DIVISIONS: There will be 4 divisions 7th B-G and 8th B-G.

LIMITATIONS: Each contestant is limited to 4 events, including relays. Each school is limited to 3 entrants in each event and 1 team in each relay. Three throws will be in the shot and discus, and 3 jumps in the LJ.

MEDALS and TROPHIES: Will be awarded to 1st,2nd, and 3rd places in all events. Trophies will be awarded to 1st place teams in all divisions.

TEAM POINTS: 1st thru 6th (10-8-6-4-2-1) individual events and (20-16-12-8-4-2) for all Relays.

EQUIPMENT: CATOOSA WILL FURNISH ALL EQUIPMENT SUCH AS STARTING BLOCKS. YOU MUST WEAR 1/4" SPIKES OR SMALLER ON THIS TRACK. (OSSAA RULES WILL APPLY).

WE HOPE THAT YOU AND YOUR TEAMS CAN BE WITH US FOR THIS MEET.

Mike Mobra and boys and girls track coaches

Email address: mmobra@catoosa.k12.ok.us

School (918) 266-8619 Coaches Office ext. 1168

Cell phone (918) 346-2975

CATOOSA JR H TRACK CLASSIC
7TH & 8TH
BOYS AND GIRLS

FIELD EVENTS

2:30 PM	High Jump	7B-8B-7G-8G
	Long Jump	8G-7G-8B-7B
	Shot	7B-8B-7G-8G
	Discus	7G-8G-7B-8B
	Pole Vault	8B-7B-8G-7G

RUNNING EVENTS:

2:30 PM	3200 relay	7G-7B-8G-8B
	100 Hurdles	7G-8G
	110 Hurdles	7B-8B
	400 relay	7G-8G-7B-8B
	800 run	7G-7B-8G-8B
	100 Dash	7G-8G-7B-8B
	400 Dash	7G-8G-7B-8B
	800 relay	7G-8G-7B-8B
	1600 run	7G-7B
	300 Hurdles	7G-8G
	300 Hurdles	7B-8B
	200 Dash	7G-8G-7B-8B
	1600 run	8G-8B
	1600 relay	7G-8G-7B-8B