CHISHOLM 5th & 6th GRADE BOYS and GIRLS INVITATIONAL TRACK and FIELD MEET APRIL 8, 2015

Chisholm High School will be hosting our 5^{th} and 6^{th} grade meet April 8, 2015. We have a seven (7) lane rubberized, synthetic surface track along with an electronic timing system.

We will follow the State Association regulations and the following will apply:

- Only schools entering class 3A, 2A and A Regionals may enter.
- \circ There will be four divisions: 5th girls and boys 6th girls & boys
- Only four (4) events may be entered by one contestant.
- Each team may enter three (3) contestants per individual event and one (1) team per relay event.
- Points will be scored 10-8-6-4-2-1 and will double for relays.
- Three (3) medals will be awarded in each event. Plaques will be awarded to the first place teams in each division.
- An entry fee of \$40.00 per division for both boys and girls teams will be charged. \$10.00 per individual, up to 4.
- Make checks out to Chisholm Public Schools. No refunds
- Confirmation of entry should be made by April 6, 2015. Call, Fax, or e-Mail.
- ¹/4ö or less spikes will be required in the running and jumping events. Violation of this rule may result in disqualification.
- Contestants will be heated on the field.
- Athletes will not be allowed on the field unless they are warming up or competing at the time.
- Coaches will meet at 8:30 am. Field events will begin at 9:00 am. Preliminaries will begin at 9:30 am.
- A concession stand will be open.
- Admission will be: Adults-\$3.00 and Students-\$2.00
- If you have any questions, please contact:

To receive and confirm entry contact:

Joey Reinart (School) (580) 237-5512 x 443, Cell (405) 880-4921

E-mail jreinart@chisholm.k12.ok.us

Mike Karnes (School) (580) 237-5512 x 404, Cell (918) 533-4003

E-mail <u>mkarnes@chisholm.k12.ok.us</u>

Results will be posted at www.ohstrack.com

5TH AND 6TH GRADE GIRLS and BOYS CHISHOLM INVITATIONAL TRACK and FIELD MEET WEDNESDAY, APRIL 8, 2015

ORDER of EVENTS

FIELD EVENTS 9:00 a.m.

Contestants will have three (3) attempts in the shot put, discus throw and long jump. All attempts will be FINALS Shot Put (6lb for all)

Shot Put (6lb for all)	
Discus Throw	5^{th} G, 6^{th} G, 5^{th} B, 6^{th} B
High Jump	6 th G, 5 th G, 6 th B, 5 th B
Long Jump	6 th B, 5 th B, 6 th G, 5 th G
Pole Vault	6 th G, 6 th B

RUNNING EVENTS 9:30 a.m.

400 relay	
100 hurdles (30ö)	6 th G
110 hurdles (30ö)	
800 relay	
800 run	
100 dash	5 th G, 6 th G, 5 th B, 6 th B
400 dash	
200 dash	5^{th} G, 6^{th} G, 5^{th} B, 6^{th} B
1200 run	6 th G, 6 th B
1600 relay (heated by team points)	5^{th} G, 6^{th} G, 5^{th} B, 6^{th} B