

Comanche High School Invitational

Friday, April 10th, 2015

Field Events Start @ 9:30

Running Events Start @ 10:00

(Coaches Meeting @ 9:15)

Track Coaches:

We are holding our 12th Annual HS High School Invitational on **Friday, April 10th, 2015**. Field Events begin at 9:30 and running events start at 10:00.

Entry Fees: \$80 per team (\$15 for individual competitors)

Medals: Top **5** (individual events), top 3 relays.

Team Points: Team points will be kept but no team trophies.

Contestants: Each school may enter three contestants per event and one relay. Athletes may enter four events.

2-Divisions:

High School Girls

High School Boys

Track: All-Weather surface, 6 lanes, all-weather approaches and runways. **SHORT SPIKES ONLY!**

Timed Finals: All Events.

Parking: Buses should park on the west side of the football stadium across the road and on the grass.

Concession: will be provided. Hospitality for Coaches provided.

PLEASE RSVP SO WE KNOW HOW MUCH TO PLAN FOR.

Send Checks to: Comanche Schools

1030 Ash St.

Comanche, OK 73529

Attention: Stephen Justus

Cell: 405-779-1472 or School 580-439-2922

ORDER OF EVENTS

FIELD EVENTS: 9:30

SHOT: Boys, Girls (4 Throws)

DISCUS: Girls, Boys (4 Throws)

LONG JUMP: Girls, Boys (4 Jumps)

HIGH JUMP: Boys, Girls

POLE VAULT: All Girls, All Boys (Possible same time)

RUNNING EVENTS: 10:00

400 m Relay (G/B)

3200 m Relay (G/B)

100 m Hurdles (G)

110 m Hurdles (B)

3200 m Run (G-B)

800 m Relay (G-B)

800 m Run (G/B)

100 m Dash (G/B)

400 m Dash (G/B)

300 m Hurdles (G/B)

200 m Dash (G/B)

1600 m Run (G/B)

1600 m Relay (G/B)