

**Coweta Tiger Track Classic**  
**Friday April 24th, 2015 - 5A and Below**

On behalf of the Coweta Public Schools, we are extending an invitation to participate in our High School Boys and Girls Track and Field Meet. Coweta Schools have an 8 lane Track and Field Complex just south of the Tiger Football Stadium. **Limited to the first 16 confirmed schools. Schools planning to attend this meet must submit their entries on TrackRoster.com by completing Steps 1 - 5 for "Seeded" meets. The entry deadline for this meet is 10:00 PM, Tuesday, April 21, 2014!! – please contact [gary.tuell@cowetaps.org](mailto:gary.tuell@cowetaps.org) or [alex.elliott@cowetaps.org](mailto:alex.elliott@cowetaps.org)**

<u>Location:</u>	Coweta High School 14705 S. 305 <sup>th</sup> St Coweta OK, 74429	<u>Mailing Address:</u>	Coweta High School Attn: Kerri Bradshaw PO Box 550 Coweta, Ok. 74429
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Bus Parking: **TBD – will have new fieldhouse construction, will update when we know  
Where buses will be able to park at that point.**

Fees: **\$90.00** for each division; **No B teams**. For teams of four athletes or less:  
\$10.00 per person. Make checks payable to: Coweta Public Schools.

Heating: Heating will be done by ~~%seed~~+and completed by trackroster.com. When athletes come to heating bench they will be given their lane assignments.

Time: A coaches meeting will be at 10:30pm in the track building south of the finish line. Field Events will begin at 11:00am and running events will begin at 11:30am. This meet is TIMED FINALS.

Limitations: Each school is limited to one (1) relay team.  
Each school is limited to three (3) competitors per event.  
Each contestant is limited to four events, including relays and field events.

Medals: Medals will be awarded to the top three finishers in each event.

Trophies: 1 team award will be given per division. Boys Team Champion and Girls Team Champion.

Team Points: Awarded to top six finishers (10 . 8 . 6 . 4 . 2 - 1) in individual events  
and in relays, (20 . 16 . 12 . 8 . 4 . 2).

Equipment: Coweta will furnish all starting blocks to contestants. ¼+spikes, or shorter, are required. **DO NOT USE TAPE ON THE TRACK.**

Restrooms/Concessions: Located underneath the stadium. No glass bottles allowed in stadium!

Dressing facilities: NO DRESSING FACILITIES.

Lunch Break: We will feed coaches and workers at the break

**OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY**

Gary Tuell Head Boys Track Coach  
Alex Elliot Head Girls Track Coach  
Jay Wilkinson Sprints, Relays, PV Coach  
Bob Clements Throwers Coach  
Email Address: [gary.tuell@cowetaps.org](mailto:gary.tuell@cowetaps.org)  
[alex.elliott@cowetaps.org](mailto:alex.elliott@cowetaps.org)

School (918) 486-4474 Tim Johnson, AD Office# (918) 486-6103 Fax: (918) 486 7307

## **ORDER OF EVENTS**

**11:30am**

<b>400 METER RELAY</b>	<b>GIRLS</b>	<b>BOYS</b>
<b>3200 METER RELAY</b>	<b>GIRLS</b>	<b>BOYS</b>
<b>100 M HURDLES</b>	<b>GIRLS 33"</b>	
<b>110 M HURDLES</b>		<b>BOYS 39"</b>
<b>3200 METER RUN</b>		<b>BOYS</b>
<b>800 METER RELAY</b>	<b>GIRLS</b>	<b>BOYS</b>
<b>800 METER RUN</b>	<b>GIRLS</b>	<b>BOYS</b>
<b>100 METER DASH</b>	<b>BOYS</b>	<b>GIRLS</b>
<b><u>Break</u></b>		
<b>3200 METER RUN</b>	<b>GIRLS</b>	
<b>400 METER DASH</b>	<b>GIRLS</b>	<b>BOYS</b>
<b>300 METER LH</b>	<b>GIRLS 30"</b>	
<b>300 METER IH</b>		<b>BOYS 36"</b>
<b>200 METER DASH</b>	<b>GIRLS</b>	<b>BOYS</b>
<b>1600 METER RUN</b>	<b>GIRLS</b>	<b>BOYS</b>
<b>1600 METER RELAY</b>	<b>GIRLS</b>	<b>BOYS</b>

**11:00am**

### **FIELD EVENTS**

<b>POLE VAULT</b>	<b>BOYS</b>	<b>GIRLS</b>
<b>HIGH JUMP</b>	<b>GIRLS</b>	<b>BOYS</b>
<b>LONG JUMP</b>	<b>BOYS</b>	<b>GIRLS</b>
<b>SHOT PUT</b>	<b>BOYS</b>	<b>GIRLS</b>
<b>DISCUS</b>	<b>GIRLS</b>	<b>BOYS</b>

**NOTE: SHOT PUT, DISCUS, LONG JUMP, will be prelims/finals format, *will be 3 throws/jumps in the prelims and 3 in the finals, 8 athletes will be taken to the finals***

**We will use qualifying marks in the shot, disc, and long jump. The distances will be determined at the 10:30am coaches meeting.**

**All implements must be marked with appropriate weights**